

חשבון הנפש  
**Cheshbon ha-Nefesh**

by Rabbi Mendel of Satanov

with a Foreword by  
Rabbi Yitzchok Isaac Sher of Slobodka

Prepared for publication by  
Dovid Landesman

based on a translation by  
Rabbi Shraga Silverstein

Published in 1845 with the encouragement  
of Rabbi Yisroel Salanter



**FELDHEIM PUBLISHERS**  
Jerusalem / New York  
5755 — 1995