



## **A Self Care InterPlay™ Workshop for all in Caregiving Roles\***

**\*Therapists, Social Workers, Spiritual Leaders, Medical Professionals and any of us with “Compassion Fatigue” in the day-to-day caring of family, friends and community. (Probably YOU, if you’ve read this far!!!)**

**Sunday November 20th 9:45-11:30AM  
Congregation Beth El-Keser Israel (BEKI)  
85 Harrison Street, New Haven, CT  
Free and open to the public - \$20 suggested donation  
RSVP [office@beki.org](mailto:office@beki.org)**

**Where are the tender spots in your soul that need some light and love? How can you find that healing for yourself with some simple structure and supportive forms? Playing with issues is often more effective than working on them, and when the trickster gets involved, the healing process can even be fun.**



**The transforming power of playing with others in a supportive and affirming environment, of creating together, and of witnessing and being witnessed, can change the way we perceive healing.**

**CathyAnn Beaty is an InterPlay™ Master Teacher, a dancer and visual artist with 25 years of experience bringing InterPlay to countries around the world. She now offers InterPlay to caregivers through her business SoulPlay.**

For more information, contact Jennifer Botwick at [jennbotwick@gmail.com](mailto:jennbotwick@gmail.com)