New BEKI Directory

Our last Member Directory dates back to 2018. With all the new faces at BEKI, an updated directory is long past due.

To help us all get acquainted, we want to include a picture and contact information for all members. This 2023 directory, which we plan to publish in October, will be sent to members as a pdf file and also available to members via a passcode at our website.

If you wish, you will be able to print it yourself or buy a copy from the BEKI office for $10.

Bruce Oren will take family photos for the directory on Sundays from noon to 8 pm in July, August, and September at BEKI, entirely free of charge. We’ll set up a little photo studio at BEKI just for this project, and he’ll also email you the digital photos for your personal use. The photoshoot is by appointment only; book yours with Helene Sapadin at 203.685.2487 or hsapadin@yahoo.com.

If you choose to submit your own photo, which must be at least 500KB, email the jpg file to directory@beki.org, or bring a photo to Peggy Hackett in the BEKI office.

So that we can update our addresses and phone numbers, Peggy will send each of us the information that she has on file; just send her any corrections by September 1.

Newcomers Group

Are you new to the BEKI community? Have you recently moved to the area? Come share your personal Jewish Journey and learn how others found their way to becoming members of our shared BEKI community.

While this social group is being organized by new members who followed their children and grandchildren to the New Haven area, it is open to all newcomers and to everyone, in fact, who may feel “in a new place” as we emerge from these pandemic years.

If you’re interested, contact Alisa Levine at alisa.z.levine@gmail.com or Tema Leviter at trleviter@gmail.com.

Meet Our New Members

Now that BEKI has grown to over 300 member units, we want to introduce you to the people who have joined in the last year. On page 3, you will find the second installment of introductions, written by our members themselves.

If you are a new member and have not replied to the query questions, please send your responses to bulletin@beki.org so that we can include them in the August issue.
The newsletter is published monthly by Congregation Beth El-Keser Israel for the benefit of its members.

Congregation Beth El-Keser Israel is affiliated with the United Synagogue of Conservative Judaism.

To contribute articles or for inquiries regarding membership:

• Call the Synagogue office: 203.389.2108
• Write: 85 Harrison Street, New Haven, CT 06515-1724
• Email: bulletin@beki.org
• Visit our web page: www.beki.org
• Follow us on social media: Facebook, Instagram

Deadline for submission of ads or articles is the first of the month preceding publication.

Annual subscription is $36

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Board of Directors
If you have questions or concerns, please speak with a Board member.

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• Jay Sokolow
• Evan Wyner
Welcome New Members

Introducing Our Newest Members

Zane Carey and Zachary Dillon

We are Zane (he/him) and Zach (he/him) and our 11 year old cat named Rasva. We recently got married on May 28! We live in Stratford but love coming to BEKI for community and Shabbat services.

We are interested in finding others interested in DnD and hiking in the area. We are trying to complete the Sky’s the Limit Hiking Challenge this year!

Patsy Foisie

I moved to New Haven in March 2022, and I live in Beaver Hills. I moved here to be close to my daughter and son-in-law, Annie and David Norman-Schiff, and we were joined by little Eve Shaina Norman-Schiff on August 7, 2022. What joy! BEKI is a very warm and welcoming synagogue, and I am already comfortable being part of it. My daughter Annie is the Education Director here.

My favorite parts of being Jewish are the feelings of community and heritage. I converted to Judaism in 1982 in Seattle, and Judaism is one of the centers of my life. I make a mean charoset!

I am a quilter, and I’d enjoy meeting new friends interested in fiber art. In addition, I would love to have an opera buddy!

Shelli Farhardian & Michael Chiorazzi, Eva, Lila, and Joseph

Our family joined BEKI after meeting Morah Ina and learning about the wonderful BEKI religious school, which our daughters have now been attending for the last year and a half. Michael and Shelli both grew up in Northern New Jersey. Shelli was raised in a large Iranian Jewish family, attending Orthodox Jewish day schools, and Michael grew up in a loving Polish-Italian Catholic home. Favorite parts of being Jewish: we love incorporating Iranian, Polish, and Italian foods into our holiday traditions, and our kids love learning Israeli folk songs! We live in Hamden with our three kids: Eva (8), Lila (6), and Joseph (3), where they are into the town baseball/softball scene, and where we spend a lot of time tending to our garden.

Continued on Page 4
Welcome New Members

Katie Grant & Jake Brownstein
We live right outside New Haven in Woodbridge. Our favorite part of Judaism is the amazing sense of community and togetherness. It is a blessing to connect with people whether it be in your town or around the world who share the same values and perspectives as you.

We are big lovers of music. Music has been the soundtrack to our lives, and we find many of the same qualities we value in Judaism also in music.

We are very appreciative to be welcomed by such an amazing community and give our deepest gratitude to Rabbi Woodward as well as the rest of the congregation for your love and support.

Zoe Lubitz & David Kohn
We moved to East Rock in 2020 from NYC and are really happy to be part of the BEKI community. We both love Jewish food traditions and hosting gatherings for Jewish holidays. David is originally from Cleveland, where he grew up attending Park Synagogue, and Zoe grew up in NYC, attending Shaaray Tefila in Manhattan. We are always excited to connect with other foodies, pickleball players, and gardeners. David is also an avid potter and spends lots of his time at Creative Arts Workshop where he's a studio potter.

Jennifer Mellon and Van Smith
My son Van and I joined BEKI in December and feel lucky to be part of such a wonderful community. I grew up Conservative and went to Jewish day school through sixth grade. Van just finished his first year of BINA and loved baking challah with his classmates and even more so eating it. Our favorite parts of being Jewish are celebrating the holidays, cooking and eating Jewish food, ritual, fellowship, and the commitment to Tikkun Olam.

Sharon Naveh & David Staum and Gidon & Gavriel
The first thing you need to know about the Staums is that they LOVE Purim! Sharon Naveh Staum has been an avid costumer for years, having created costumes for Purim, Renaissance Faires, and dance troupes, and David Staum has been her willing model for years. Once their twins, Gidon and Gavriel, were born, it became clear that family themed costumes were the next step. Beyond Purim, the Staums, who live in Westville, enjoy being members at both BEKI and Westville Synagogue. Gidon and Gavriel love BINA and Shabbat morning children’s groups at BEKI.

Continued on Page 5
Welcome New Members

Bruce Spierer & Jhena Vigrass

After spending two years living in East Rock while Jhena finished her graduate program, we were successfully recruited to join the Westville community, where we've been living for the past year.

We both grew up in the Conservative movement but had minimal involvement in Jewish community. Eventually the charms of the Brooklyn/Crown Heights young Jewish community, the "Earth-based Judaism" movement, and communal singing convinced us to spend a year studying at Pardes, a non-denominational Yeshiva in Jerusalem.

Bruce would love to share his interests in composting, hiking, foraging, and Dungeons and Dragons. Jhena would love to share her interests in music, nature, and all things electricity/clean energy.

David Spitzer

I recently moved to North Haven, from Minnesota, to be closer to my adult children. I really look forward to the opportunity to participate in services and the larger community. Also, I am looking for a (relatively noncompetitive) racquetball partner.

David Wise

I appreciate our Connecticut beaches. A New York Mets fan, I went to games at Shea Stadium, though never to Citi Field. I’m also a fan of the Hartford Athletic soccer team. Why soccer? I remember kicking a ball around in my hometown of Waterbury with my grandfather, who in the 1930s played soccer in Sosnowiec, Poland. I’m also the proud owner of $0 of college debt.

Can You Provide a Meal?

BEKI has a long tradition of providing meals to families who have welcomed a child. You can prepare and deliver the dinner or arrange delivery from a restaurant. Anything you need to know about dietary preferences or address is provided at the platform called Lotsa Helping Hands. Just log in and choose your password. If you have questions, consult rachel.d.greenberg@gmail.com.

Currently, we are providing meals to both the Leapman and Baum families.

Prize Code in this Bulletin

Within an article in this bulletin, there’s a Prize Code. If you are one of the first five people to find it and email it to bulletin@beki.org, you will be one of this issue’s prize winners. Jay Sokolow, Rachel Adelstein, Marsha Beller, Zane Carey, and Rhoda Lemkin were the June winners.

Jennifer Mellon is New JCARR Liaison

In the fall, JCARR, the Jewish Community Alliance for Refugee Resettlement, expects to take in a refugee family, which will be our 9th family to resettle. New volunteers will be needed to prepare an apartment, take family members to appointments, and support them in other ways.

Please reach out to our new BEKI liaison to JCARR, Jennifer Mellon, at jnmellon@hotmail.com if you can to assist with this resettlement work. See Jennifer’s introduction on page 4 of this bulletin.

We thank Madeleine Kleinman for her years of work in this role.

Welcome New Members

Zane Carey & Zachary Dillon

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David Wise

News

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Welcome New Members

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David Wise
Blueberries for the Security Bollard

BY BECKY MAY

Baruchim Habaim (Welcome!) to our latest BEKI (landscaping) members: two native, lowbush blueberries installed in the new planters at the corner (Hebrew: pe’ah) of Whalley and Harrison Streets by none other than our own…wait for it…Sarah Berry! (to whom we owe thanks for much of the current plantings and maintenance).

The blueberry bush’s location was chosen with a nod to the Jewish agricultural law of Pe’ah which means ‘corner’ and refers to the commandment in Leviticus 19:9-10:

“When you [plural] reap the harvest of your land, you [singular] shall not reap all the way to the corner of your field, or gather the gleanings of your harvest.” (translation by Sefaria.org)

We hope both BEKI members and passersby, whether in need or want of some fresh sustenance, will avail themselves of this delicious, nutritious, native fruit. We don’t even have to wait 3 years because they are not technically subject to the Jewish agricultural laws (described below) and are not under the youth program whose plantings sometimes follow the laws for educational purposes.

The bushes join our pair of apple trees in the front lawn (in background in photo) that were planted three years ago by the then BEKI Religious School 4th grade class.

This year, that cohort is becoming bnei mitzvah simultaneous with their apples becoming eligible for harvest under Jewish agricultural law, which states: "When you enter the land and plant any tree for food, you shall regard its fruit as forbidden. Three years it shall be forbidden for you, not to be eaten.” (Leviticus 19:23) This is considered binding only in the land of Israel and, in modern times, not even universally there.

As of early June, there were 5 apples on one of the trees (one for each of the students who helped plant and a spare?), which are protected from deer and other eager apple aficionados by a bit of temporary fencing. But more on that later as that story unfolds…

Meantime, as Robert Frost once said in his poem entitled “Blueberries,” “It’s a nice way to live / Just taking what Nature is willing to give”

Latest Security Grant

Thanks to a Jewish Foundation of Greater New Haven 2023 Security Grant in memory of Arthur and Yvette Eder, BEKI will continue our security upgrades.

This grant will provide $10,000 for improved exterior lighting at our doorways and hideaway lockdown window shades for interior doors.

If you have questions about BEKI’s security projects, please consult Safety & Security Chair Jay Sokolow. Prizecode 578320237

Mazal Tov to

• Della & Michael Leapman—and big siblings Charlie and Simone—on the birth of Celeste
• Laura Van Metre & Aaron Baum—and big siblings Mira and Yael—on the birth of Joseph Rafael “Yossi” and Peter Noah
• BINA teacher Zane Carey on his marriage May 28 to Zach Dillon
• BEKI college graduates Sophia Bruce, Talia Weintraub, and Ari Wyner
Youth Education and Events

Welcoming New Babies at BEKI

BY ANNIE NORMAN-SCHIFF, EDUCATION DIRECTOR

BEKI has been lucky enough to welcome many new babies to our community in the past year. Our youngest members include:

- Geffen (parents Sarah Silverman and Elan Weinstock)
- Roslyn “Rosie” (parents Ali and Herb Rosen)
- Eve (parents Annie and David Norman-Schiff)
- Ori (parents Julie Leviter and Dan Wiznia)
- James (parents Mary and Dan Korey)
- Pablo (parents Jane Coffee and Carlos Eyzaguirre)
- Jonah (parents Coreta and Naftali Caplan)
- Celeste (parents Della and Michael Leapman)
- Joseph “Yossi” and Peter (parents Laura Van Metre and Aaron Baum)

BEKI, and our larger Jewish community, have many ways to help welcome new babies and support their families. See page 5 for information about providing meals.

Children's Havura

Children's Havura is BEKI's Shabbat morning service for our youngest children, from babies through preschoolers. The service meets at 11 am on Shabbat morning, in the Claire Goodwin Youth Room or, when the weather is nice, in the courtyard. Parent volunteers lead the service each week.

During this recent “baby boom,” we have had many families with babies joining us for songs, prayers, stories, and the company of other young families. Children's Havura parent Elan Weinstock reflected that "[Geffen] has been coming to BEKI every Shabbat for over a year and her family has gotten so much joy out of seeing her grow up from baby to toddler within such a warm and loving community."

Shalom Baby and Shalom Baby Café

Shalom Baby is a project of the Jewish Federation of Greater New Haven’s Women’s Philanthropy, to welcome Jewish babies and their families to the Jewish community in the Greater New Haven area. Shalom Baby provides a welcome bag with gifts and information about community resources to every Jewish family in the area welcoming a child through birth or adoption. If you know someone who should receive a Shalom Baby bag, contact Kayla Bisbee at kbisbee@jewishnewhaven.org.

Shalom Baby also hosts Shalom Baby Café at the JCC, on Friday mornings from 11 am to noon. This is a weekly meetup for families raising Jewish babies and toddlers, from birth to two. It features Shabbat-themed music and stories, coffee, snacks, company and conversation. You might see a BEKI baby at Shalom Baby Café!

BINA Registration Due by August 2

Please submit your religious school enrollment form by Wednesday, August 2. This is the due date for new students as well as returning ones. BINA is open to non-member families as well.

Through the generosity of a donor, the Jewish Foundation provides needs-based scholarship assistance for New Haven area families to attend synagogue school. The deadline for scholarship applications is Monday, October 2.

Annie Norman-Schiff and Eve received their Shalom Baby bag at the JCC.
Anna Broell Bresnick, known to many BEKI members as a passionate teacher who for 29 years served as the Educational Center for the Arts (ECA) Visual Arts Department Chair, is exhibiting in our Art Gallery this summer.

Entitled *Four Stops Along an Artistic Path*, her show reflects the different stages in her work, beginning with a focus on sculptures, followed by a transition to drawing. It includes pieces from the series “Vertical Landscapes,” based on distinct places in the former Yugoslavia and Czechoslovakia and in Romania. Also included are pieces from a series inspired by exploring Venice and the island of Murano, known for its glass factories.

Birds are a frequent subject of her work because, she explains, they are “the only (other) animal that can freely transverse the boundaries of land, water and air.” “Waldszenen,” which features bird-focused drawings, is inspired by the darker side of Schumann’s composition of the same name.

Born in Hamburg, Germany, Bresnick immigrated to Connecticut as a teen. As an adult, she lived for periods in Vienna and Rome. Extensive travels greatly inform her work.

She spent four years as the director/curator of the John Slade Ely House, received two Artist in Residence Grants from the International Festival for the Arts in New Haven, and curated many independent exhibitions. As a member of “55 Mercer Street,” one of the most respected artist-run galleries in Manhattan, she was part of the 1980s wave of independent artists fighting for a more open culture through alternative spaces. She brought that spirit home as part of the team that founded “Artists Working in New Haven,” a 1980s series of artist-run exhibits in downtown storefronts.

Bresnick has exhibited throughout the U.S. and internationally, including in Berlin, Rome, and Vienna. Her work has been reviewed in the *New York Times*, *Art in America*, *Art New England*, and many regional newspapers. In addition to her extensive artistic, curatorial, and teaching résumé, she has collaborated with dancers and musicians in the creation of installations for performances, including large sculptural structures, floor drawings and videos.
**Tisha Be-Av Services**

Tisha Be-Av, the Fast of the 9th Day of Av, occurs this year on Wednesday night, July 26 and Thursday, July 27. On Wednesday, we will have the normal 7 am but no 5:45 pm service. The fast begins at 8:15 pm, which is when our maariv & Megillat Eichah (the Book of Lamentations) will begin, in person only. The evening will also include the traditional kinnot (dirges).

A new component of Erev Tisha Be-Av for this year will be climate grief programming. Bruce Spierer, Program Manager for Climate Action at Adamah, and Rabbi Ora Nitkin-Kaner, the founder of Exploring Apocalypse, will offer a presentation at 7:30 pm on Wednesday, which will be continued after maariv and Eichah for those who are interested.

On Thursday, the morning service will be at 8:15 am with Torah reading and the book of Eichah (in person and on Zoom). No weekly parashah discussion that day. Thursday evening, minchah will be at 5:45 pm (in person and on Zoom). The fast ends Thursday at 8:53 pm.

**Weekly Class**

Join Rabbi Woodward for a discussion of the week’s Torah portion on Thursdays 9-9:45 am in the library, following 8:15 am Shacharit.

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**Rabbi’s Ritual Corner**

*When We Say Minchah and Maariv*

Right now, in the midst of summer, the days are pretty long. Fast forward to the winter, and the days are short. Depending on the amount of daylight in a day and the time of sunrise and sunset, we have different opportunities and obligations for prayers.

First, you have to understand “halakhic hours.” Take the total daylight hours, divide them into twelve units, and each of these units is a “halakhic hour.” The midpoint of these is halakhic noon.

The prayers known as “minchah” are said at 30 halakhic minutes after noon (this time is called “minchah gedolah”), ideally only as early as “minchah ketanah” (2.5 halakhic hours before sunset), and as late as “plag haminchah,” 1.25 hours before sunset.

The prayers known as “maariv” or “arvit” should be said from sunset onward, and as early, if need be, as plag haminchah.

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**Yizkor Book Sponsorship Available**

As always, BEKI's Yizkor Memorial Book will have a sponsor page memorializing the life of a member of BEKI's extended family. As of early June, sponsorship of this year's book is still available. If you have questions, please contact Shoshana Lash at 203-732-0275 or CantorSL@yahoo.com.

Forms for renewals and new listings will be sent via email from yizkorbook@beki.org beginning August 1 and will be due back no later than Friday, August 18. Members without email addresses will receive their forms by snail mail.

**Supporting Daily Services**

To make sure we have a minyan consistently, please use Minyan Maker. Up top, you choose which weekday service you are planning to attend (morning or afternoon). Then find your name below and choose "I'll be there." If your name does not appear on the list, scroll to the bottom and use “Guest Member.”

**Sign up for Torah Reading**

If you are able to read an aliya of Torah or a Haftorah, make your selection via our online spread sheet. Questions? Consult Rachel Adelstein at ritualcoordinator@beki.org.
Contributions

Rabbi’s Tzedakah Fund
- To Shoshana Zax, John Weiser & family with sympathy on the passing of Marilyn Zax by Rayna & David Belowsky
- In memory of their mother Leonora B. Tomkins by Bruce & Jeffrey Tomkins
- In memory of Belle Kogan Greenberg on her yahrzeit by Lisa Greenberg & Brian Tesser
- In memory of Esther Ben Shalom by Tikva Shapiro
- In memory of Marty Shapiro by Marc & Tikva Shapiro

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Kiddush Fund
- Jennifer Klein & Jim Berger
- Shai & Avital Silverman
- Alan Lovins & Trish Loving
- Eden Gerson & Chanan Zupnick and Becky May
- Esther Nash

GBK Kiddush Fund
- Jennifer Klein & Jim Berger
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- Esther Nash

Chai/Synagogue Fund to support synagogue operations
In honor of Gelfie Silverman daughter of Sarah Silverman & Elan Weinstock by
- Liz & Jeff Silverman

To the wonderful members of BEKI who welcomed us to Shabbat by
- Irene Kaplow & David Held

To Ina Silverman & Jay Sokolow in honor of their 65th birthdays by
- Joy Kaufman & Stewart Frankel
- Carl & Sharon Astor
- Ellen Cohen & Steven Fraade
- Sid & Donna Levine (to the Hesed Committee)
- Caryl & Michael Klifeld
- The Rastelli-Weiner Family
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- Karel Koenig
- To Yaron Lek with thanks by:
  - The Alvarez Family

To Shoshana Zax, John Weiser & family with sympathy on the passing of Marilyn Zax by
- Joy Kaufman & Stewart Frankel
- Dan & Sharon Prober
- The Freiman-Light Family
- The Lettick Family
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- Ina Silverman & Jay Sokolow
- David & Darryl Kuperstock
- Helen Rosenberg & Keith Richter
- Rachel Bashkevich
- Karel Koenig
- Barbara & Murray Akresh
- Ellen Cohen & Steven Fraade
- Trish Loving & Alan Lovins
- Donna Kemper & Ron Zlotoff
- Gloria Cohen
- Joanne Foodim & Rob Forbes
- The Schechter-Bod Family

To Debbie Chirnomas, Michael Hurwitz & family with sympathy on the passing of Rabbi Gerald Chirnomas by
- The Freiman-Light Family
- David & Darryl Kuperstock
- The Avni-Singer Family
- Ina Silverman & Jay Sokolow
- Rachel Bashkevich
- Karel Koenig
- Barbara & Murray Akresh
- Ellen Cohen & Steven Fraade
- The Schechter-Bod Family

Yahrzeit Fund to support synagogue operations
In Memory of:
- Sheila Brown by Steven & Tina Brown
- Her grandparents Rebecca & Abraham Goldering by Barbara Kushen
- Lionel Brody by Joel Brody & Debra Caner
- Lois Bassett Alper Rosenblatt by the Alper Family
- Samuel Olmer by Zane Olmer & Diana Olmer Bander
- Alan Gelber by Andy, Max, Sarah & Daniel Gelber
- Tuvya Goodman Alperowitz by the Alper Family
- Malka Blank by Fania Levine
- Israel Glazman by Polina Naiman
- Rose Hodes by Lynne & Jeff Heisner
- Morris Maltin by Ted Maltin
- Their mother Pearl Small Teplitzky by Rhoda & Bruce Small
- Anita Henowitz by Rhoda & Bruce Small
- Alan Gelbert by Joan Gelbert
- Estelle Gottfried by Edward & Helene Schnitman Vanderhoof
- Zoe Lawston by Diana Firestone
- Milton Weiner by Joanne & Steve Rudof
- Louis Landau by Ken & Linda Buckman
- Jack Mendlestein by Rissa Mendlestein
- Samuel Siegel by Jonathan Eagan
- Louis Rogoff by Jonathan Eagan
- Grace Goldberg Cohen by Lewis Cohen
- Louis Hodes by Lynne & Jeff Heisner
- Her beloved mother Mollie Schwartz Nucht by Joan Gelber
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What will your Jewish legacy be?

Stephen and Joanne Rudof Created a Legacy for Their Synagogue, Congregation Beth El–Keser Israel

“We joined BEKI in 1992, after our children had left for or completed college. We have always loved and valued the BEKI community. Although our children did not have the benefit of being brought up at BEKI, we hope that those that come after them and us will, so we are leaving funds in our wills to help guarantee the continuity of this amazing community.” —Joanne

For more information, contact the Jewish Foundation of Greater New Haven
Lisa Stanger, Executive Director | (203) 387-2424, ext. 382 | lstanger@jewishnewhaven.org
Tamara Schechter, Create a Jewish Legacy Manager | (203) 387-2424, ext. 325 | tschechter@jewishnewhaven.org
I struggle with the summer holidays commemorating the destruction of the Temple.

There are things about them that I love. Personally, I find the talk about sacrifices and the Temple service to be very powerful. There’s a concreteness, a reality, to all of it.

Judaism is a physical religion, and the idea of the sacrifices — that there was a physical place of smells and sights and tastes that was our spiritual center — is something that can serve to keep us away from an overly cognitive approach.

The text of Eichah is beautiful, and the teachings about how we got to this point are profound.

So what’s the problem? Shouldn’t I love these holidays?

The truth is, I liked them more when I felt more comfortable about our society’s health. They felt like a corrective away from an over white-washed approach.

Now, however, I spend enough time worrying about our society and our world, that it feels like we have a little bit of Eichah every day. Every school shooting, every anti-Semitic or racist tweet, every moment of causeless hatred and violence — these aren’t just one day a year, but they happen all the time.

The upshot of that is that it’s hard for me to feel pulled toward a period of specific commemoration of these events, because I think we live with them too much.

Fasting is a spiritual technique of these holidays that is there to bring us to a deeper sense of connection to ourselves, our world, and God. It’s not something we do often — although, in writing this, it feels like there could be room to fast after school shootings (may we never encounter this).

But generally, we know that the way to address these problems in our world is to make us attentive to ourselves — to practice introspection (what inside of me is causing me to act out) and to practice self-compassion (how can I care for myself as a person who has been wounded). To make us attentive to God — what are God’s demands of justice for the world, and how can I practice God’s love for the world? And to make us attentive to the world around us — who is calling out for justice and care, and what is calling out for repair?

This Tisha Be-Av, in addition to your fast, I want you to ask the questions above, and to try to answer them. In other words, if you’re often feeling that the world is broken and needs work (or that you are broken and need work), see Tisha Be-Av as a chance to reinvigorate yourself for that work. See it as an entry point to the High Holy Day season — as a chance to begin your work for Rosh Hashanah and Yom Kippur.

Fast, but more importantly, take the chance to do some real introspection and thought.

May this summer bring blessing in whatever way we need it,

Rabbi Woodward

Learn how you can live forever!

Be remembered forever by BEKI with a gift in your will, trust, retirement account, or life insurance policy. Or honor a family member by making a tribute gift to charity in your will. For more information on how you can make these arrangements, contact our Finance Chair, Attorney Donna Levine at sdsij@aol.com or 203.234.9867.

Tree of Life Awaits Your Leaf

The Tree of Life at the entrance to BEKI is a collection of golden leaves that honor people and moments in our lives. For $118 you can add a leaf. Contact Marjorie Wiener at 203.387.6278 or marjoriwifiener@yahoo.com
## July 2023

### 12 Tammuz 5783 - 13 Av 5783

#### Mark Your Calendar
- Aug 1 or 2 Camp-style Singalong
- Aug 6 Interfaith Service Day
- Aug 9 Elm City Winds concert
- Sept 9 Selichot
- Sept 16/17 Rosh Hashanah
- Sept 24 Kol Nidre
- Sept 25 Yom Kippur

### Service Times

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<thead>
<tr>
<th>Sundays</th>
<th>Mondays</th>
<th>Tuesdays</th>
<th>Wednesdays</th>
<th>Thursdays</th>
<th>Fridays</th>
<th>Saturdays</th>
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<tbody>
<tr>
<td>9am Shaharit</td>
<td>7am Shaharit</td>
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<td>8:15am Shaharit</td>
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<td>6 pm Kabbalat Shabbat</td>
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Advertise in the Bulletin
Would you like your ad here in the coming year? Each month, the BEKI bulletin reaches over 700 households, most of them in the New Haven area. Check with Peggy in the BEKI office about our variety of ad rates.

Join BEKI on Facebook
Everyone is encouraged to join the BEKI Facebook group. You’ll enjoy the humor, community information, and links to cultural opportunities. You want to choose the private group with the stained-glass window image. Just ask to join. (The BEKI page with the hamsa is the public-facing page, which has few postings).

E-Statements
Due to rising costs and BEKI’s efforts to be more Earth-friendly, we have transitioned to e-statements and e-yahrzeits. If you prefer to receive them by paper, please contact the BEKI office at office@beki.org or 203-389-2108 x114. The BEKI Green Team supports BEKI’s movement toward paperless communications and hopes the community will also.

Easy Fundraiser
The Stop & Shop gift cards sold by the BEKI office are debit cards for groceries or gasoline. This is an ongoing fundraiser that costs you nothing. Contact Peggy office@beki.org to arrange pickup.

Services
All services are also available on Zoom except Friday night and Saturday morning.

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<thead>
<tr>
<th>Day</th>
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<tr>
<td>Sunday</td>
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<tr>
<td>Saturday</td>
<td>9:15 am</td>
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For the latest information on services, check Happenings or email bekefilla@gmail.com