

# High Holy Days

ימים נוראים

Information

5780 – 2019

*"Everything you ever  
wanted to know  
about The High Holy  
Days at BEKI"*



*Dear Friend,*

*We hope that this booklet will provide you with all of the basic information you need about our High Holy Days celebrations and worship at Congregation Beth El – Keser Israel (BEKI) this year.*

*We look forward to your joining us for the holidays and for other services and programs in the future. Please feel free to contact us with any questions, concerns, and suggestions.*

*The BEKI office staff and volunteers are happy to be of any assistance at any time of the year, but especially at this holiday season.*

*Sincerely,*

*Darryl Rotman Kuperstock and Jay Sokolow, Co- Chairs  
BEKI High Holy Days Committee*

Tickets for non-members and for visiting family and guests for attendance and participation in our High Holy Day Services are available through the BEKI office.

**Please see links to these forms online, contact the BEKI office, or pick one up from the handouts table in the synagogue lobby.**

An *even more* detailed schedule of High Holy Days services and activities, as well as all forms can be found on the BEKI website at:

[http://www.beki.org/worship/high-holidays.](http://www.beki.org/worship/high-holidays)

All forms should be returned to:

BEKI, 85 Harrison St., New Haven, CT 06515

Phone (203) 389-2108 E-mail [\*office@beki.org\*](mailto:office@beki.org) Fax (203) 389-5899

Text and format for this booklet were based on materials from the following resources:

- [\*www.beki.org\*](http://www.beki.org)
- *Yamim Noraim Information Booklet 5766/2005*, Temple Emanuel, Woollahra – Sydney, Australia.
- [\*http://www.myjewishlearning.com\*](http://www.myjewishlearning.com) (Selihot, Rosh HaShana, Tashlikh, Yom Kippur, Kol Nidre, Ne'ilah)
- *High Holiday Information*, Congregation Kol Ami, West Hollywood, CA, [\*www.kol-ami.org\*](http://www.kol-ami.org)
- *Cover graphic: "Third Allegory"*. Watercolor and tempera on paper, mounted on masonite, 1955, by Ben Shahn, American (1898-1969). The Vatican collections: Collezione d'arte religiosa moderna, gift of Mr. and Mrs. H. Garfinkle, Miami, Inv. no. ARM 23570 (ex 366).

CONGREGATION BETH EL – KESER ISRAEL, 85 HARRISON STREET, NEW HAVEN, CT 06515  
(203) 389-2108 [\*office@beki.org\*](mailto:office@beki.org) [\*www.beki.org\*](http://www.beki.org)

# Contents

Selihot .....	4
Rosh HaShana.....	5
Learners' Service/Discussion.....	7
Tashlikh .....	7
Qever Avot / Cemetery Visits .....	9
Yom Kippur .....	10
Yizkor Memorial Service.....	12
Yom Kippur Study Sessions .....	13
Break Fast .....	16
Child/Youth Programs .....	18
High Holy Day Service Times.....	20
Operation Isaiah – Food Drive .....	4, 24
Link to Forms.....	25

# SELICHOT

In preparation for the *Yamim Noraim* (the Days of Awe), comes an evening of community, introspection, and taking time to consider some of the big questions. At *Selichot* services, we ask ourselves who we have become, and consider how we (as community and individuals) can become even more. It is a time to reflect upon our contributions to each part of the created world, and to consider the possibilities of doing more.



## ...AND FOR BEKI?

*This year we are hosting a Selichot program* at BEKI, which will include a Selichot prayer service.

DATE:	Saturday Night, September 22, 2019
TIMES:	SELIHOT: New and Old Traditions - Music, Poetry, Study, Meditations, and Worship 9:00pm
LOCATION:	BEKI

The *Selichot* service, which often is late at night, ushers in our High Holy Day prayers, bringing to the fore all the moods, concepts and motifs of Rosh HaShana and Yom Kippur. Please join us.

## OPERATION ISAIAH

Begin the New Year “on the right foot” with some **Tikun Olam/Social Action!** Join us as we actively work to “repair the world”, one step at a time.



This year, once again, we will participate with congregations nationwide in the Kol Nidre food drive – **Operation Isaiah**. On Rosh HaShana, **PLEASE take at least one of the free shopping bags provide and return it full.** Please bring unopened non-perishable and non-expired packaged foods (per guidelines on bag) with you to services on Kol Nidre/Erev Yom Kippur night. The food collected will be donated to the Jewish Family Service Pantry and is needed even more than in the past. **We must do even better than last year!**

# ROSH

# HASHANA



Rosh HaShana is the beginning of the Jewish year, the time when we celebrate the creation of the world and think about our place in it. Rosh HaShana is also known by two other names reflecting the essence of the day: *Yom HaDin*, the Day of Judgment – for legend tells us that on this day God begins to write in the Book of Life, inscribing us for the year ahead, weighing our deeds and considering our actions in the year that has passed; and, *Yom HaZikaron*, the Day of Remembrance, for on that day God remembers us – and we remember God and our actions of the previous year - as well as those who have entered and those who have gone from our lives. The Torah and *Haftara* readings for Rosh HaShana all revolve around the theme of God remembering.

The *Musaf* or additional prayer service of Rosh HaShana is unique in that it contains three subsections that emphasize three central themes of the holiday. In the *Amida*, there is a selection of 30 different biblical verses divided into three discrete sections called *Malkhuyot* (“kingship”), *Zikhronot* (“remembrance”), and *Shofarot* (“sounding of the *Shofar*”). These three collections of 10 verses each speak respectively about (a) the proclamation of God as sovereign of the Jewish people and the universe, (b) God remembering the covenant and merit of our ancestors, and (c) the sounding of the *Shofar* during the revelation of the Torah at Mount Sinai and the coronation of God as king, proclaiming God’s awesome power to all of the inhabitants of the world. One of the major aspects of Rosh HaShana is the sounding of the *Shofar*.

At Rosh HaShana, we eat sweet foods, especially apples dipped in honey in hopes of a sweet year ahead, and round Challah representing the cycle of the year and life. It is traditional to greet one another on this day with the words: “*Shana Tova*” (a good year), “*Gut Yom Tov*” (Yiddish for a good holiday), or the more extended “*LeShana tova tikatevu*” (May you have a good year and may you be inscribed [in the Book of Life]).

## ...AND AT BEKI?

Our traditional, inclusive, and **egalitarian** worship services are conducted by Rabbi Jon-Jay Tilsen. [NEW THIS YEAR!!](#) We are so very excited that our membership and its talents have so expanded recently. We are in the lucky and enviable position to be able have ALL services for Rosh Hashana and Yom Kippur led professionally by our own members! This will include all Torah readings and soundings of the *Shofar*, as well.

NOTE: Following Rosh HaShana evening services we will be treated to an informal kiddush with light honey pastries.

WHAT:	Erev Rosh HaShana Services – FIRST EVENING	
WHERE:	BEKI Main Sanctuary	
WHEN:	Sunday Evening, September 29	
TIME:	6:18 pm	Candle Lighting
	6:15 pm	MINHA – Afternoon Service
	6:30 pm	MA’ARIV – Evening Service
	- 7:15 pm	

**WHAT:** Rosh HaShana Services – FIRST DAY  
**WHERE:** BEKI Main Sanctuary  
**WHEN:** Monday, September 30  
**TIME:** 8:30 am PSUKEI D’ZIMRA Preliminary Service  
- approx. SHAHARIT Morning Service  
1:15 pm Torah Service  
Sounding the Shofar  
Learners’ Service/Discussion  
Children/Youth Services and Programs  
(see pp.18-19)  
MUSAF Additional Service  
5:15pm TASHLIKH (see page 7)

**WHAT:** Rosh HaShana Services – SECOND EVENING  
**WHERE:** BEKI Main Sanctuary  
**WHEN:** Monday evening, September 10  
**TIME:** 6:15 – 7:00 pm MINHA Afternoon Service and  
Festival MA’ARIV

**WHAT:** Rosh HaShana Services – SECOND DAY  
**WHERE:** BEKI Main Sanctuary  
**WHEN:** Tuesday, October 1  
**TIME:** 8:30 am PSUKEI D’ZIMRA Preliminary Service  
- approx. SHAHARIT Morning Service  
1:10 pm Torah Service  
Sounding the Shofar  
Learners’ Service/Discussion  
Children/Youth Services and Programs  
(see pp.18-20)  
MUSAF Additional Service

**WHAT:** Rosh HaShana Services – EVENING AFTER SECOND DAY  
**WHERE:** BEKI Main Sanctuary  
**WHEN:** Tuesday evening, October 1  
**TIME:** 5:45 – 6:20 pm MINHA Afternoon Service

*(See a detailed schedule and description of all available Child/Youth programs on pp. 18-19)*



### ...AND AT BEKI?

The Learners' Service/Discussion at BEKI (which, during the rest of the year meets every other week on Shabbat as the "Shabbat Shalom Torah Study"), combines study, prayer and discussion based on the Scriptural readings and festival or Shabbat prayers and themes. Taught by talented and knowledgeable members of our community, the study group provides an open and relaxed setting for religious enrichment for adults wishing to further their understanding of the texts and liturgy.



Please feel welcome to participate if you'd like to enrich your experience of these days with an intimate and more informal exploration. *Knowledge of Hebrew is not necessary for participation.*

On each day of Rosh HaShana, the Learners' Service/Discussion will take place following the Rabbi's sermon. On Yom Kippur, it will convene immediately following the *Yizkor* Memorial service. For the High Holy Days, the Learners' Service/Discussion is held in the Lower Level Social Hall.

*Tashlikh* means "you will cast" and is a ceremony that usually takes place on the first day of Rosh HaShana (except when that falls on Shabbat). The ceremony has its origins in a saying by the prophet Micah: "You shall cast out your sins into the depths of the sea." The ceremony is held at some time following the *Musaf* service, but before the onset of *Mincha* (afternoon service). This year the *Tashlikh* ceremony will take place on Monday, the **first** day of Rosh HaShana.



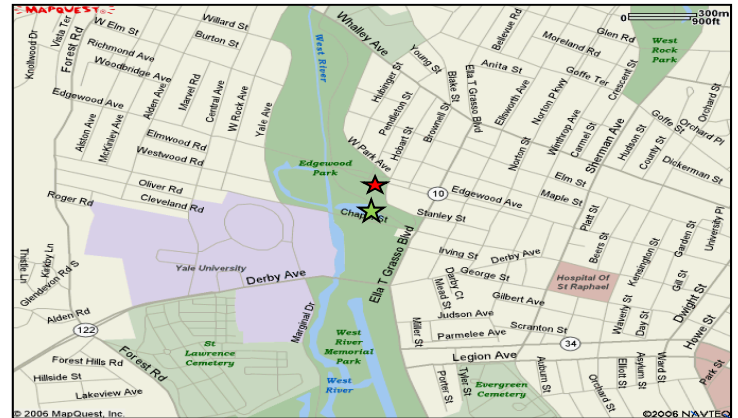
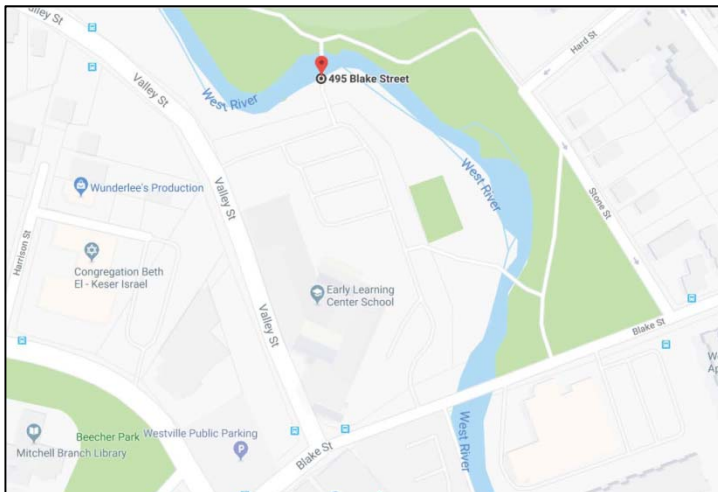
At this time of year, when we attempt to wipe the slate clean and remove our mis-steps and wrongdoings far away from us, we symbolically cast out our sins into a natural body of water and watch them disappear. There is a short service conducted beside the water, followed by the throwing of small pieces of bread (representing our sins) symbolically casting them into the depths.

### ...AND AT BEKI?

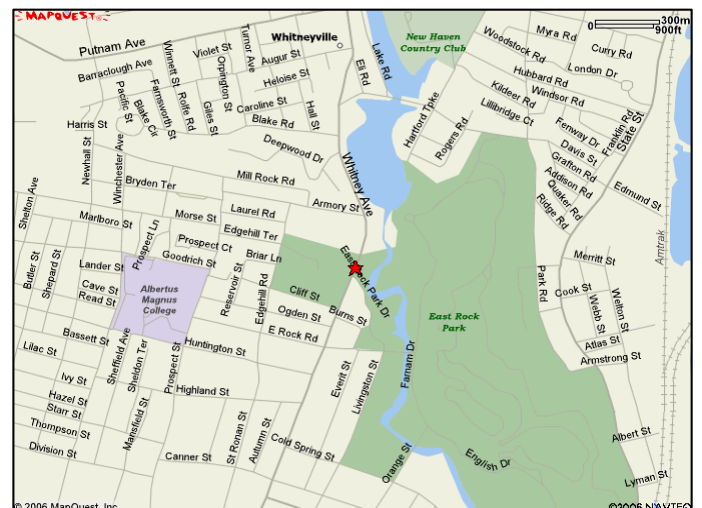
Recognizing the diversity of our community, BEKI traditionally will provides 3 (three) separate, but simultaneous Tashlikh ceremonies all in lovely, natural local settings: Edgewood Bridge in New Haven, West River at West Rock Playground, and at the Whitney Museum Covered Bridge in Hamden. Come along! Bring bread!

**WHAT:** Tashlikh Ceremonies  
**WHEN:** Monday afternoon, September 9  
**TIME:** 5:15 – 5:30 pm  
**WHERE:** Edgewood Bridge – New Haven, AND  
 West River at West Rock Playground – New Haven, AND  
 Eli Whitney Museum Covered Bridge – Hamden  
*(see maps below)*  
**BRING:** small pieces of bread to toss

## EDGEWOOD BRIDGE



## WEST RIVER AT WEST ROCK PLAYGROUND



## WHITNEY MUSEUM COVERED BRIDGE



# QEVER AVOT

At *Qever Avot* services (literally, the Graves of our Ancestors), Jews meet at the community cemetery to participate in a brief service honoring our departed loved ones and their memories.



The examples that our parents and other dear ones modeled for us, good or bad, simple or complex, shape our lives forever. Even when they are no longer with us, the need to connect, remember and honor them lives on. One of the many ways we express that need is through participation in *Qever Avot* services on a Sunday close to Rosh HaShana and Yom Kippur. Historically, Jews would take advantage of the auspicious timing before Rosh HaShana and Yom Kippur, when the Book of Life was open and God's judgment was open to argument, to ask their departed loved ones to intercede on their behalf and make sure that their names were recorded for another year of life.

In our time, *Qever Avot* is not so much about soliciting heavenly intervention as it is about reconnecting with our personal history and honoring those who shaped it. The examples of our teachers and sages, our grandparents, our departed parents deserve our honor and gratitude, and their examples give us the courage to live our lives in a *mentschlich* way.

## ...AND AT BEKI?

This year as usual, BEKI will be holding **two** very special *Qever Avot* Cemetery Memorial services, one at each of our congregation's cemeteries on the Sunday **AFTER Rosh HaShana**. Both services will be led by Rabbi Tilsen.

*Please call the BEKI office (389-2108) if you would like assistance getting to or participating in a Qever Avot service. We are always happy to help. Please join us!*

**Directions to Beth-El Memorial Park Cemetery from BEKI:** From Harrison Street at corner of Whalley Avenue (in front of BEKI), turn LEFT onto Whalley Avenue (east, toward downtown New Haven). Turn LEFT at the 4th traffic light (Fitch Street / Route 10) and head north. Turn RIGHT at the traffic light at Arch Street (continues Route 10) which is the first right after crossing under the SCSU pedestrian bridge. Turn RIGHT on Warner Street, the first right, after a short block. Beth El Memorial Park is on that first block.

**Directions to Keser Israel Memorial Park Cemetery from BEKI:** Drive South on Harrison Street (one way) across the intersection at Whalley Avenue for one block to its end (traffic light) at Fountain Street (Route 234) – the Fire Station is on your right. Turn RIGHT onto Fountain Street. Proceed west on Fountain for three blocks to stoplight at Forest Road. Turn LEFT at Forest Road (Route 122). Proceed south on Forest Road. The first traffic light is Edgewood Avenue. The second is Derby Avenue (Route 34). The third is Route 1 (Boston Post Road / Orange Avenue). Turn RIGHT onto Route 1 (Boston Post Road / Orange Avenue). Proceed west for about 1 mile. Pass a few streets on right. There is a "William's Unpainted Furniture" store on the left. Farwell goes to the right only. There is a small directional sign for "US Post Office" at the corner. Turn RIGHT (north) onto Farwell Street. The cemetery is 1/2 block ahead on the right.

**DATE:** Sunday  
October 6

**WHERE:** Beth El Memorial Park  
Warner Street, Hamden  
10:30 – 10:45 am

Keser Israel Memorial Park  
Farwell Street, West Haven  
11:30 – 11:45 am

# YOM KIPPUR

Yom Kippur is the most solemn of days in the Jewish calendar, marking the end of the ten-day period of repentance, which begins with Rosh HaShana. On this day, we spend our time in prayer and reflection, making right the wrongs that we have committed during the past year.



We fast and abstain from food, drink, sexual relations, bathing and anointing oneself from sunset to when the stars come out the following day (25 hours later), so that we think not of matters of the body, but rather of matters of the spirit. It is time for reflection and contemplation. It is a tradition also to refrain from wearing leather shoes and to wear white.

## ...AND AT BEKI?

We will be gathering at BEKI for many types of experiences throughout Yom Kippur including prayer, study, discussion, reading, *tikun olam* (social action), volunteering, and finally breaking our fast together.

## YOM KIPPUR EVENING / KOL NIDRE

The first communal prayer service of Yom Kippur actually takes place immediately prior to sunset on the evening of Yom Kippur. This service is called *Kol Nidre* ("All Vows"). These are the first words of a special legal formula that is recited at the beginning of this service and is chanted three times. The custom of beginning Yom Kippur in this way has been maintained for centuries as an especially solemn and moving introduction. *Kol Nidre* has no effect upon vows or promises that we make and break with other people. Those still remain valid and, if broken, forgiveness and absolution must be sought from the people affected--and not from God. As the Talmud teaches, "Yom Kippur does not forgive transgressions between a person and his fellow--until (or unless) he seeks forgiveness from him (directly)" (*Mishna Yoma* 8:9).

*Erev* Yom Kippur is the only night of the entire Jewish calendar when a *tallit* (prayer shawl) is worn in the evening. As a matter of fact, it is traditional to wear a *tallit* or a white garment for the whole of the holiday, the color white symbolizing both our spiritual purity and our withdrawal from the vanities of this world.

## ...AND AT BEKI?

WHAT:	Yom Kippur KOL NIDRE and MA'ARIV Evening Services	
WHERE:	BEKI Main Sanctuary	
WHEN:	Tuesday evening, October 8	
TIME:	6:00 pm	MINHA
	6:15 pm	KOL NIDRE and MA'ARIV Evening Service
	- 8:30pm	

**WHAT:** Yom Kippur Kol Nidre Eve CHILDREN'S SUPERVISED PLAY  
*(for ages 4 thru 12 ONLY – no exceptions)*

**WHERE:** Locations posted in BEKI Lobby

**WHEN:** Tuesday evening, October 8

**TIME:** 5:45 – 8:45pm

*(See a detailed schedule and description of available programs on pp. 18-19)*

## YOM KIPPUR MORNING

The daytime services of Yom Kippur are characterized by an emphasis on the two major themes of forgiveness from sin and *teshuva*, or “repentance.” According to the traditional Jewish prayers, God immediately forgives us for sins affecting our personal relationship with God. For sins that affect and harm others, we must first apologize and seek forgiveness directly from those whom we have hurt. Only then are the prayers of Yom Kippur considered effective in absolving our sins. *Teshuva* is the process by which we recognize our sins, feel regret for having committed them, and then resolve not to do them again and make restitution for any harm we may have caused. All of the major prayers of the Yom Kippur liturgy focus on these themes.

## ...AND AT BEKI?

**WHAT:** Yom Kippur Day - Services

**WHERE:** BEKI Main Sanctuary

**WHEN:** Wednesday October 9

**TIME:** 9:00 am PSUKEI D'ZIMRA Preliminary Service  
 SHAHARIT Morning Service  
 Torah Service  
 Children/Youth Services and Programs *(see below)*

After 11:00 am YIZKOR MEMORIAL SERVICE

After Yizkor Learners' Service

Ending by approx. 2:15 pm MUSAF

*(See a detailed schedule and description of all available  
 Child/Youth programs on pp. 18-19)*

## YIZKOR MEMORIAL SERVICE

Originally, *Yizkor* ("may [God] remember") was recited only on Yom Kippur, but is now recited on four occasions during the Jewish year: *Yom Kippur*, *Shemini Atzeret*, *Pesah*, and *Shavu'ot*. Its primary purpose was to remember the deceased by dedicating *tzedaka* [charity] funds on the theory that the good deeds of the survivors elevate the souls of the departed. It also enhanced the chances for personal atonement by doing a deed of lovingkindness.



It was the custom (in medieval Germany [Rhineland]) for each community to read a list of its martyrs (from *Yizkor* Books) at the *Yizkor* service. The practice was eventually expanded to include the names of other members of the community who had died. Today, many synagogues (including BEKI, see below) publish lists of those who are remembered by congregants, which are distributed at the *Yizkor* services.

The service is filled with psalms and beautiful melodies, which lead us through and guide our memories and reflection. Included are special personal prayers in memory of our loved ones, as well as community prayers in memory of Jewish Martyrs and all the departed.

### ...AND AT BEKI?

BEKI's Yom Kippur *Yizkor Memorial* service takes place following the Rabbi's sermon, sometime **after 11:00 am**. In addition to the traditional prayers, our service includes several readings and the moving community singing of Psalm 23.

*At BEKI, energy conservation is an important value of our congregation. To be respectful and inclusive, yet environmentally responsible, it is our practice to light all the lights of the outer perimeter only of the memorial plaque display, creating an encompassing border in remembrance of all. Please note that we now use super-efficient LED bulbs.*

A powerful *superstition* pervades the participation in the *Yizkor* service. In some places, it became custom for those whose parents were still alive to leave for the duration of the short service to avoid tempting the "evil eye" by hearing and seeing others mourn for their departed.

*Please be aware that **there is no legal requirement for those whose parents are alive to leave the service.** In fact, at BEKI, as at many synagogues today, **we suggest that everyone stay for Yizkor** so that the entire congregation can offer the prayers for the martyrs of the Jewish people and offer moral support to friends and family who may be deeply touched by the memorial service.*

A special *Yizkor Memorial Book* is prepared annually for the BEKI community which includes not only the *Yizkor* service itself, but also the names of those memorialized by our community. Should you wish to include the names of those you'd like remembered in this year's *Yizkor Memorial Book*, please return by mail, fax or email the form you

received by mail or can find on the BEKI website ([www.beki.org/forms/yizkor.pdf](http://www.beki.org/forms/yizkor.pdf)). *If it is already past the deadline, please contact the numbers indicated on the form to see if there is still time to submit your listing.* If you are interested in sponsoring/dedicating the Yizkor Memorial Booklet in the future, please contact our office.

WHAT:	Yom Kippur YIZKOR MEMORIAL SERVICE
WHERE:	BEKI Main Sanctuary
WHEN:	Wednesday, October 9
TIME:	sometime <i>after</i> 11:00 am, following the Rabbi's sermon

### YOM KIPPUR MUSAF SERVICE

The *Musaf*, or “additional” service, is a repetition and embellishment of the main themes of the morning service and includes many ancient and medieval religious poems included over the centuries to continue to heighten the spiritual experience of the day. Two unique additions to the Yom Kippur *Musaf* liturgy may be the Martyrology and/or the *Avoda*, or “worship,” service which evokes the dramatic ritual of the Temple Yom Kippur service in the ancient Temple in Jerusalem.

### AFTERNOON BREAK

As we approach mid-afternoon, there is a **break** in our worship services until the start of the Afternoon *Minha* service. Some in our community take the opportunity for a short walk or a nap, but many stay at BEKI to participate in the activities held there, as indicated below:

Immediately following the *Musaf* service, dozens gather in the downstairs BEKI kitchen to assist in the final preparations for our community **Break Fast** (Posener Family Memorial Break Fast) which takes place right after the end of services that night. The Break Fast prep is a wonderful opportunity to volunteer, to build community, to meet new people – and, of course, to get a preview of the feast to come later that night.

Starting later in the break, there is the opportunity for stimulating **study and discussion**. An engrossing session of study will take place led by BEKI member **Morris Bell**, continuing his theme from last year: *At-one-ment: Part 2*. All are invited to participate.

WHAT:	Community Break Fast Preparation
WHERE:	BEKI Downstairs Kitchen
WHEN:	Wednesday, October 9 – DURING AFTERNOON BREAK
TIME:	Immediately following end of Musaf service (approx. 2:15 pm) For about 1.5 hrs

<b>WHAT:</b>	<b>Yom Kippur Afternoon STUDY SESSION led by Dr. Morris Bell</b> <i>"At-one-ment: 'Embracing 'Tshuva'"</i>
<b>WHERE:</b>	<b>Posener-Sisterhood Chapel / Library</b>
<b>WHEN:</b>	<b>Wednesday, October 9 – DURING AFTERNOON BREAK</b>
<b>TIME:</b>	<b>3:00 – 4:15pm</b>

## **YOM KIPPUR AFTERNOON**

Late in the afternoon of Yom Kippur, the service moves to an even more introspective mood. The Torah is once again read at the *Minha* service. The *traditional* reading for the afternoon deals with Biblical sexual prohibitions, though some synagogues have chosen an alternate reading, and is followed by the *Haftora* reading of the intriguing Book of Jonah.

### **...AND AT BEKI?**

We will begin the afternoon *Minha* service at exactly 5:00pm. The Torah is read almost immediately once this service begins. Rather than the traditional reading described above, BEKI has chosen, as have many congregations, to instead read from the "holiness code" found in Leviticus 18. Most often it is teens from our community who do these readings. As is traditional, we will listen to the beautiful chanting of the Book of Jonah (in jest, called by some "Jonah, Chicken of the Sea") as we are guided into the early evening with a service blending both Hebrew and English. The remainder of the service provides opportunities for further reflection.

<b>WHAT:</b>	<b>Yom Kippur Afternoon MINHA Service</b>
<b>WHEN:</b>	<b>Wednesday, September 19</b>
<b>TIME:</b>	<b>4:30 pm PROMPTLY (Torah Reading is at very beginning of service.)</b>
<b>WHERE:</b>	<b>BEKI Main Sanctuary</b>

<b>WHAT:</b>	<b>Yom Kippur Afternoon CHILDREN'S SUPERVISED FREEPLAY</b> <i>(for ages 4 thru 12 – no exceptions)</i>
<b>WHEN:</b>	<b>Wednesday, October 9</b>
<b>TIME:</b>	<b>4:30 – 9:00 pm</b>
<b>WHERE:</b>	<b>Program Locations posted in BEKI Lobby</b>

*(See a detailed schedule and description of available programs on pp. 18-19)*



## YOM KIPPUR CONCLUDING / NE'ILA SERVICE

The final service of Yom Kippur is the *Ne'ila* service. *Ne'ila* literally means “closing” and refers to the symbolic closing of the gates of heaven and, hence, a last chance to benefit from God’s willingness to hear the prayers of the Jewish people. There is, therefore, a spiritual urgency motivating prayer at this service, as the sun is beginning to set and most people are light-headed and exhausted from the long day of fasting and praying. Whenever the doors of the Ark are opened revealing the Torah scrolls within, it is customary to stand out of respect and reverence. Since the doors of the Ark are left open throughout the lengthy last part of the service, the entire congregation traditionally remains standing during this final, spiritually urgent prayer service. If this period of prolonged standing proves to be too uncomfortable or even dangerous to the health of some in the congregation, it is appropriate to sit down.

The *Ne'ila* service builds in intensity until it concludes with a final *Teki'a Gedola* or “great blast” of the *Shofar*, the ram’s horn. This blast, usually sounded as soon as the stars come out, signals the conclusion of the Day of Atonement. In many congregations, this rush is delayed by a few minutes for the recitation of *Ma'ariv*, the evening prayer.

### ...AND AT BEKI?

The *Ne'ila* service at BEKI is compelling and charged. The crowd at BEKI swells as the congregation returns to the synagogue for the climactic end to this day of community, prayer and reflection. Excitement and anticipation fill the air. The *Ne'ila* service ends and there is a swift and immediate transition to *Ma'ariv*, and then, as the lights in the sanctuary are dimmed and the beautiful Havdala is candle lit, almost as a promise for the future, our children rush to the *Bima* with excitement as our teens lead us in a moving *Havdala* ceremony – separating this holy day and leading us back into our hectic lives.

Now, it is time for the final sounding of the Shofar. At BEKI, this becomes an opportunity for great participation as **all those who wish, and who have brought with them a Shofar, join our Ba'alei Teki'a (Shofar blowers) and Rabbi Tilsen from all corners of our sanctuary in sounding the final blast.** Our *Ba'alei Teki'a* are men and women blessed with exceptional skill, and as the many notes dissolve into the one longest lasting echoing note, we breathe a communal sigh, our spiritual batteries recharged!

WHAT:	Yom Kippur Concluding NE'ILA, HAVDALA and MA'ARIV Services
WHEN:	Wednesday, October 9
TIME:	approx. 5:35 – 7:03 pm
WHERE:	BEKI Main Sanctuary

Now that we are spiritually refreshed after the rigorous fast of Yom Kippur, we rush to join friends and family to begin a new year and to refresh ourselves physically by partaking of a lovely meal to break our fast.



### ...AND AT BEKI?

Many will have spent time during the afternoon break to complete all the final preparations for a fantastic community feast later that evening.

As a wonderful culmination to our community's High Holy Days, immediately following the final *Shofar* blast – **scheduled for exactly 7:03 pm** – *everyone* is invited to join us in the BEKI Downstairs Social Hall for our annual Break Fast. A beautiful, bountiful buffet feast is open to BEKI members and those guests (adults and children) who have joined us for the Yom Kippur Holy Day. Sponsorship of this event was generously endowed by George G. Posener (z"l) in memory of his beloved family and we lovingly now include him in those memories. Food is all kosher dairy and prepared in our wonderful kitchen by BEKI members under strict supervision.

This is a terrific opportunity to eat great food, meet new people, reconnect with the community, and find out about what will be happening at BEKI in the months to come.

At the Break Fast and all during the High Holy Days, you can learn about the array of Tikun Olam (Social Action) projects in which you can become involved through BEKI from the display in the Lobby.

As usual, at this year's Posener Family Memorial Break Fast, you will have the opportunity to purchase *Is It Kiddush Yet?*, the BEKI Kiddush Committee's wonderful cookbook – many recipes from which you can sample at the Break Fast itself! The cookbooks are available before the holidays in the BEKI office or from the Sisterhood Gift Shop.



is it kiddush yet?

a collection of recipes from the BEKI kiddush committee

PLEASE JOIN US!!!

**BEKI  
COMMUNITY  
YOM KIPPUR  
BREAK  
FAST**

Wednesday Evening  
October 9, 2019  
Following Final Shofar  
7:04 pm

Downstairs Auditorium

**ALL MEMBERS AND ALL WHO HAVE  
PRE-ARRANGED TO JOIN US FOR THE  
HIGH HOLY DAYS ARE INVITED!!**

Generously sponsored by:

The George G. Posener Family Memorial Yom Kippur Break-Fast Fund  
and Congregation Beth El-Keser Israel

*in blessed memory of our dear friend George and his beloved family*

## WHAT'S HAPPENING AT BEKI?

A LOT!!! A very special part of BEKI is the community's commitment to family and children's education. As on every Shabbat, age-appropriate inspired services and activities are abundant. Children's programs are led by experienced BEKI members and are designed to engage the children in synagogue life.



On each day of the High Holy Days there will be two sessions separated by a snack for the children. Each of the earlier sessions (beginning at 10:30 am) will be an age-appropriate engaging service (*tefilot*) for the Holy Day, and the later sessions (beginning at noon each day) will be especially play-based. In addition, the children are treated to a special additional sounding of the shofar!

On the evenings of Yom Kippur (i.e., during the Kol Nidre and Evening service and the following evening during the Ne'ila service), there will be supervised play/activities for our youth ages 4 through 12.

**Children are our greatest joy and always welcome at BEKI, especially during our services. However, all children must be either in the sanctuary with their adults or in one of our supervised programs.**

***It is not allowed for children to be "dropped off" at the synagogue without their adult on the premises at all times.***

### TWO SAFETY NOTES:

- Please inform us of any food allergies.
- Please make sure that your children know that running is not permitted in the halls. This is dangerous for them and for unsuspecting adults who find themselves in the path of oncoming dynamos. Please take responsibility for your child's behavior while at BEKI.

## HIGH HOLY DAYS Programs for Children/Youth

The following programs for our children occur simultaneously throughout the building on both days of Rosh HaShana and Yom Kippur.

### **CHILDREN'S HAVURA (pre-school)**

Claire Goodwin Youth Room

Designed to address the spiritual and social needs of pre-school children, activities include songs, stories, prayers and dance which both celebrate and teach. The children will also have a light snack and enjoy supervised play. At least one parent's active participation is expected with their child for this program.

### **K-2 KEHILA (Grades K –2)**

Lower Level Classrooms

K-2 Kehila is a "junior junior" Congregation, run cooperatively by talented and dedicated parents. Children usually attend on their own, but parents are welcome. K-2 is an opportunity to learn even more, and to begin, through song, stories and prayers, to become familiar with the themes and liturgy of the High Holy Days.

(over)



## **JUNIOR CONGREGATION (Grades 3-6)**

George Posener Daily Chapel/Library

Our Junior Congregation addresses the spiritual, educational and social needs of children in grades 3-6, and is usually attended without parents. High Holy Days themes and readings (e.g., the meaning of the Binding of Isaac), as well as traditional liturgy, discussion, biblio-drama, and songs, are all an integral part of the programming.

**WHAT: ROSH HASHANA  
CHILDREN/YOUTH PROGRAMS  
– all ages**

**WHEN: Mon. and Tues., 9/30 and 10/1**

**WHERE: All program locations posted in lobby**

**TIMES: First Session: 10:30 – 12 noon  
(includes snack)**  
**Second Session: 12 noon – 1:00 pm  
(includes snack)**

**WHAT: YOM KIPPUR  
CHILDREN/YOUTH PROGRAMS  
– all ages**

**WHEN: Wed., 10/9**

**WHERE: All program locations posted in lobby**

**TIMES: First Session: 10:30 – 12 noon  
Snack: 12 noon**  
**Second Session: 12 noon – 1:30 pm**

## **CHILDREN'S SUPERVISED PLAY (Ages 4 thru 12 only)**

Location TBD

On Yom Kippur, during the *Kol Nidre* and *Minha/Ne'ila* services only, BEKI provides a supervised environment in which children can read, play games, etc. These are not content-heavy programs, but a comfortable opportunity for children who don't want to participate in the religious service to spend time together. Although there will be adult supervision, you are responsible for your child's behavior; parents should check in on their children.

Our High Holy Days Child/Youth Programs are conducted through the very generous support of Rabbi Murray Levine, in memory of his beloved wife Malka Levine.

**WHAT: YOM KIPPUR CHILDREN'S SUPERVISED PLAY  
(for ages 4 thru 12 – no exceptions)**

**WHEN: Tues. evening, 10/8 (during Kol Nidre)  
5:45 – 9:00 pm**  
**Wed. afternoon/evening, 10/9 (during Minha and Ne'ila)  
4:30 – 9:00 pm**

**WHERE: All program locations posted in lobby**

**NOTE FOR NURSING MOTHERS AND ALL GUARDIANS:** A quiet and comfortable nursing room (designed for this purpose) is located just off the main lobby. For those who desire, it is located just off the main lobby. Changing tables are found in *all* restrooms.

***ALL adults (members and non-members) will be asked to present a "ticket" at the door. Your cooperation with policies and procedures is required and greatly appreciated.***

**For more information, to volunteer to lead or assist in leading a program, or any special concerns about our High Holy Days Children's Programs, please contact our Children's Program Coordinators:**

**Mark Oppenheimer (203-589-3725 or [mark.e.oppenheimer@gmail.com](mailto:mark.e.oppenheimer@gmail.com))**  
**Steve Werlin (617-721-8213 or [shwerlin@gmail.com](mailto:shwerlin@gmail.com))**

# High Holy Day Service Times

## ה'תש"פ 5780 – 2019

Service	Begins	Ends	Place
<b>Selihot Penitential Sun 22 Sep 2019 – Eve/Erev</b>			
Selihot Program & Service	9:00p	10:30p???	George G. Posener Daily Chapel/Sisterhood Library
<b>Rosh Hashana Sun 29 Sep 2019 – Eve/Erev</b>			
Candle Lighting	6:18p*		
Weekday Minhā Afternoon	6:15p	6:30p	Sanctuary
Festival Evening	6:30p	7:15p	Sanctuary
<b>Rosh HaShana Mon 29 Sep 2019 – Day 1</b>			
Morning Service: Pesukei DeZimra	8:30a	~8:55a	Sanctuary
Morning Service: Shaḥarit	~8:55a	~9:35a	Sanctuary
Torah Service	~9:35a	~10:30a	Sanctuary
Shofar Service	~10:30a	~10:45a	
Children's Ḥavura (Preschoolers)	Session One: 10:30a (tefila – prayer service) Session Two: 12:00m (supervised activities)	1:00p	As Posted in Lobby
K-2 Kehila (Grades K-2)	Session One: 10:30a (tefila – prayer service) Session Two: 12:00m (supervised activities)	1:00p	As Posted in Lobby
Junior Congregation	Session One: 10:30a (tefila – prayer service) Session Two: 12:00m (supervised activities)	1:00p	As Posted in Lobby
Devar Torah	~11:00a	~11:30a	Sanctuary
Learners' Service	After Devar Torah	1:00p	Lower Level Social Hall
Musaf	~11:25a	~1:20p	Sanctuary



Children's Snack	11:45a	12:00m	As Posted in Lobby
Tashlikh	5:15p	5:30p	Edgewood Bridge
Tashlikh	5:15p	5:30p	Whitney Museum Covered Bridge
Tashlikh	5:15p	5:30p	West River at West Rock Playground
Minḥa Afternoon	5:45p	6:35p	George G. Posener Daily Chapel
Evening Service	6:35p	7:00p	George G. Posener Daily Chapel
Candle Lighting	<i>after 7:18p**</i>		

## Rosh HaShana Tue 30 Sep 2018 – Day 2

Morning Service: Pesuqei DeZimra	8:30a	~8:50a	Sanctuary
Morning Service: Shaḥarit	~8:50a	~9:30a	Sanctuary
Torah Service	~9:30a	~10:30a	Sanctuary
Shofar Service	~10:30a	~10:45a	Sanctuary
Children's Ḥavura (Preschoolers)	Session One: 10:30a (tefila – prayer service) Session Two: 12:00m (supervised activities)	1:00p	As Posted in Lobby
K-2 Kehila (Grades K-2)	Session One: 10:30a (tefila – prayer service) Session Two: 12:00m (supervised activities)	1:00p	As Posted in Lobby
Junior Congregation	Session One: 10:30a (tefila – prayer service) Session Two: 12:00m (supervised activities)	1:00p	As Posted in Lobby
Devar Torah	~10:50a	~11:20a	Sanctuary
Learners' Service	After Devar Torah	1:00p	Lower Level Social Hall
Musaf	~11:20a	1:15p	Sanctuary
Children's Snack	11:45a	12:00m	As Posted in Lobby
Festival Minḥa	5:45p	6:20p	Beit Midrash
Havdala	7:10p		

## Shabbat Shuva – Parashat VaYelekh Sat 5 Oct 2019

Shaharit & Musaf	9:15a	~11:50a	Sanctuary
Children's Havura (Preschoolers)	10:45a	11:20a	Youth Room
K-2 Kehila (Grades K-2)	10:45a	11:20a	Classroom 4 or 6
Junior Congregation	10:45a	11:20	Beit Midrash
Shabbat Shalom Torah Study	10:45a	11:45a	Office
Devar Torah: TBA	~10:55a	~11:15a	Sanctuary
Minḥa	5:45p	6:20p	Beit Midrash
Havdala (Home Ritual)	6:15 p <i>or later</i>		Home

## Qever Avot Services Sun 16 Sep 2018 (Sunday after Rosh HaShana)

Shaharit Morning Service	9:00a	9:35a	Beit Midrash
Qever Avot Cemetery Memorial Service	10:00a	10:15a	<a href="#">Beth El Memorial Park</a> , Warner St. Hamden
Qever Avot Cemetery Memorial Service	11:00a	11:15a	<a href="#">Keser Israel Memorial Park</a> , Farwell St. West Haven
Minḥa & Maariv Services	5:45p	6:15p	Beit Midrash

## Yom Kippur /Kol Nidre Night Tue 8 Oct 2019

Supervised Children's Freeplay	5:45p	9:00p	TBA
Minḥa Afternoon Service	6:00p	6:15p	Sanctuary
Candle Lighting	6:03p*		
Kol Nidre & Maariv Evening	6:15p	8:30p	Sanctuary
Devar Torah	6:45p	7:05p	Sanctuary

## Yom Kippur Wednesday 9 Oct 2019

Pesukei DeZimra & Shaharit Morning & Musaf	9:00a	2:15p	Sanctuary
Children's Havura (Preschoolers)	Session One: 10:30a (tefila – prayer service) Session Two: 12:00m (supervised activities)	1:30p	As Posted in Lobby
K-2 Kehila (Grades K-2)	Session One: 10:30a (tefila	1:30p	As Posted in Lobby

	– prayer service) Session Two: 12:00m (supervised activities)		
Junior Congregation	Session One: 10:30a (tefila – prayer service) Session Two: 12:00m (supervised activities)	1:30p	As Posted in Lobby
Yizkor Memorial, Devar Torah	<i>after</i> 11:30a		Sanctuary
Children's Light Lunch (Pre-Bar/Bat Mitzva Age)	11:45a	12:00m	As Posted in Lobby
Learners' Service	<i>after</i> Yizkor	2:00p	Lower Level Social Hall
Break	2:15p	4:30p	
Break Fast Prep	2:15p	3:30p	Main Kitchen
Study Session	3:00p	4:15p	Library
Supervised Children's Freeplay	4:45p	9:00p	TBA
Minḥa Afternoon Service	4:30p	5:30p	Sanctuary
Announcements	5:30p	5:35p	Sanctuary
Neila Closing	5:35p	6:50p	Sanctuary
Maariv Evening	6:35p	6:50p	Sanctuary
Havdala & Shofar	6:50p	7:03p	Sanctuary
Posener Break-Fast	7:04p	8:45p	Lower Level Social Hall

# Operation Isaiah

**"This is my chosen fast...  
share your bread with the hungry,  
take the homeless into your home,  
Clothe the naked when you see him,  
Do not turn away from people in need"  
Isaiah 58:6-7**



**On Erev Yom Kippur and Yom Kippur Day, we will gather together in prayer.  
We ask each congregant and each guest to bring *AT LEAST***

**ONE POUND OF NON-PERISHABLE FOOD**

**to the synagogue for distribution following the holiday to the  
Jewish Family Service Food Pantry**

With **100% participation** by all adults and children over the age of  
Bar/Bat Mitzva, who knows how much food we will be able to collect in one day!!!!

**THIS YOM KIPPUR, PLEASE  
MAKE SURE THERE'S FOOD ON  
SOMEONE ELSE'S TABLE**

For information about this and other BEKI Tikun Olam (Social Action) initiatives,  
please contact our co-Chairs:  
Darryl Kuperstock (kuperst@aol.com) and Steve Werlin (shwerlin@gmail.com)

**Bags will be provided on Rosh HaShana for you to bring back full of food  
on Erev Yom Kippur**

# **IMPORTANT FORMS**

**ARE FOUND AT**

**[www.beki.org/worship/high-holidays](http://www.beki.org/worship/high-holidays)**

**PLEASE MAKE SURE TO**

**SUBMIT THEM**

**TO THE BEKI OFFICE**

***IMMEDIATELY***

**via email: [office@beki.org](mailto:office@beki.org)**

**via mail: 85 Harrison St., New Haven 06515**

**via fax: 203-389-5899**