This Week & Beyond at BEKI

BEKI Happenings Not Happenings Happenings: Special Edition

• **It's a Mitzva:** Observing personal and public health protocols is necessary to comply with the *mitzvat lo-ta`ase* (prohibition) against endangering one’s own life and well-being, and that of others.

• **Need Help?** If you need help acquiring essential food, medicine, utilities, communication services, or have gone or may be going stir-crazy, please contact office@beki.org 203.389.2108 x114 and we refer you with Hesed Committee, Tiqun Olam Cmte, rabbinic counsel jjtilsen@beki.org, and other synagogue-based and community agencies and vendors that exist to respond to such needs. We are a community and we will help each other as much as we can.

• **Want to Help?** To assist in on-going and ad-hoc support for BEKI members and Greater New Haven residents with significant or urgent needs, volunteer to participate in Hesed Committee robolettick@aol.com, Tiqun Olam Committee kuperst@gmail.com, and other organized efforts; info office@beki.org.

• **Building Closed:** The BEKI Building is closed until 23 April and until further notice. If you think you need access, make an arrangement with Peggy office@beki.org so that public health and building security protocols can be observed. The building has multiple alarmed zones which may be “armed” during the day. Do not enter without prior arrangement.

• **Activities Suspended:** All in-building BEKI activities are suspended until 23 April and until further notice. This includes daily and Shabbat services, BRS, BMP, study groups, yoga, USY, Kadima, art programs. Everything.

• **Home Kosher Food Delivery:** Abel Catering is providing home delivery and store pickup for kosher meals compliant with public health protocols.
• **BRS Remote Learning:** BRS is providing home tutorials for students. Info [principal@beki.org](mailto:principal@beki.org).

• **Pesah Prep Workshop On-Line:** Speak with Rabbi Tilsen on-line for a [Pre-Pesah Prep Workshop]. Tips, FAQs, Q&A. Wednesday 1 April 6:30p–7:15p. More questions or issues? Contact [jitlsen@beki.org](mailto:jitlsen@beki.org). Or call 203.389.2108 x110.

• **Daily Tefila:** Info [bekiteitfilla@gmail.com](mailto:bekiteitfilla@gmail.com) for weekday on-line prayer and study gatherings. See daily schedule below for this week’s links – just click to join on-line. To phone in, ask for the day’s meeting code and password from [bekiteitfilla@gmail.com](mailto:bekiteitfilla@gmail.com).

• **More Daily & Shabbat Services:** The hiyyuv (requirement) of daily prayer applies first and foremost to the individual. The statutory prayers may be said in English or Hebrew or in any language. Priority prayers are (1) the Shema with its blessings, morning and night; and (2) the Amida, evening, morning, afternoon. Learning? Hear [selected recordings](http://www.beki.org) at bek.org. See online [prayerbooks](http://www.beki.org) or buy a book on-line or request a free book from [jitlsen@beki.org](mailto:jitlsen@beki.org) or [bekiteitfilla@gmail.com](mailto:bekiteitfilla@gmail.com).

• **Need Torah?** Learn Sing Pray with the Conservative Masorti [Online Beit Midrash](http://www.conservativeyeshiva.org/learn/) in Jerusalem and [JTSA](http://www.jtsa.edu/jts-torah-online) in New York. Texts available at [www.sefaria.org](http://www.sefaria.org). Selected [audio prayers](http://www.beki.org), [Member Divrei Torah](http://www.beki.org) and [Rabbi’s Writings](http://www.beki.org) are available at bek.org under “Learning.” Also see [Torah.org](http://www.torah.org) and [Bnai Jacob](http://www.beki.org) (Woodbridge).

• **Sell Hametz:** Authorize Rabbi Tilsen to [sell your hametz](http://www.beki.org) before Passover.

• **Donate Medical Equipment:** If you have any of the following, write [donationsppe@ynhh.org](mailto:donationsppe@ynhh.org), include your phone number and describe items, quantity, manufacturer, name of product, whether unopened, how long stored, lot #, expiration date, if shown.

  o Disposable head covers/caps
  o Disposable gowns
  o Disposable gloves
  o N95 respirator face masks
  o Powered Air Purifying Respirators (PAPRs)
Disposable face masks
- Face-shields/goggles
- Coveralls/scrubs
- Shoe-covers
- Disinfection wipes and liquids
- General purpose hand cleansers

- **JCARR News:** To volunteer contact Madeleine Kleinman madk117@gmail.com. JCARR needs donations to continue this important work. Send contributions to The Jewish Federation, Attn: Amy Holt, 360 Amity Rd. Woodbridge, 06525 (JCARR in memo)

- **Columbus House Shelter Dinners:** To volunteer to help at BEKI or serve dinners at the Columbus House shelter when this activity resumes or to learn what you can do now contact Darryl Kuperstock kuperst@gmail.com 203-215-8555.

- **BEKI Art Committee:** The BEKI Art Committee is recruiting volunteers. We arrange exhibitions with artists, curate selections, install the exhibition, and other creative details. Learn on the job, or contribute your deep knowledge of art, either way, we want you on the BEKI Art Committee. Contact Helen Rosenberg helr12@aol.com

- **Stop & Shop Gift Cards:** The BEKI office sells Stop & Shop gift cards. These cards can be used at any Stop & Shop location, like a debit card, to buy groceries or gasoline. This is an ongoing fundraiser which costs you nothing but has provided over $3000 in income. Contact Peggy office@beki.org to participate.

- **Donate:** Fast and easy at [www.beki.org/give](http://www.beki.org/give)

**Mark Your Calendar**

- Shabbat HaGadol 4 April 2020
- Siyyum Bekhorot **On-Line** 8 April 2020
- First Seder Night (Home Ritual) 8 April 2020
- Second Seder Night (Home Ritual) 9 April 2020
Holocaust Memorial Program 18 April 2020
Chapel On The Green 19 April 2020
Rosh Hodesh Iyar 24-25 April 2020
Elm City Kallah Postponed 24–26 April 2020
LaG BeOmer Night 12 May 2020
Rosh Hodesh Sivan 24 May 2020
Tiqun Leil Shavuot 28 May 2020
Shavuot Days 29-30 May 2020
Bar Mitzva: Nate Kempton 25-26 June 2020
Fast of Tammuz 9 July 2020
Tisha Be’Av 29-30 July 2020
Tu Be’Av 5 August 2020
Rosh Hodesh Elul 20-21 August 2020
Bar Mitzva: Toby Manning 28-29 August 2020
Rosh HaShana Night 18 September 2020
Rosh HaShana First & Second Day 19-20 September 2020
Kol Nidre Yom Kippur Night 27 September 2020
Yom Kippur 28 September 2020
Sukkot Night 2 October 2020
Sukkot First Two Days 3-4 October 2020
Hoshana Rabba 9 October 2020
Shemini Atseret 9-10 October 2020
Simhat Torah Evening 10 October 2020
Simhat Torah Morning 11 October 2020
Bar Mitzva: Ari Hurwitz 16-17 October 2020

Friday 27 March 2020 – 2 Nisan 5780
- Shaharit 7a–7:30a On-Line or Phone
- Office Closed & By Phone & Email Only
- Minha after 1:05p (At Home)
- Minha & Qabbalat Shabbat On-Line or Phone
- Shabbat Candle Lighting 6:54p EDT (home ritual)
- Yahrzeits 3 Nisan (Friday Night and Shabbat Day): Max Bronfin, Haya Carmi, Ralph Friedman, Sydney Sylvan Kemper, Morris Olmer, Lorraine Shindell, Mendy Spielman

**Shabbat 28 March 2020 – 3 Nisan 5780**

- Torah Reading (At Home): Parashot VaYiqra (Lev. 1:1–5:26)
- Minha (At Home) 1p–7p
- Havdala 7:54p or Later (Home Ritual)

**Sunday 29 March 2020 – 4 Nisan 5780**

- Shaharit 9a–9:30a On-line or Phone
- BRS On-Line
- Minha & Maariv 5:45p–6:15p On-line or Phone
- Yahrzeits 5 Nisan (Sunday Night & Monday): Simon Arman, Evelyn Brownstein, Ethel Frey, Violet Ludwig, Shirley Rudof, Perry Saxe, Susan Schnitman, Veronica Sheinberg, Lillian Fannie Silverman

**Monday 30 March 2020 – 5 Nisan 5780**

- Shaharit 7a–7:35a On-line or Phone
- Office Closed & By Phone & Email Only
• Minha & Maariv 5:45p–6:15p On-line or Phone
• Yahrzeits 6 Nisan (Monday Night & Tuesday): Harold Rutkin, Barbara Shnayer, Bluma Spoongas Soloway

Tuesday 31 March 2020 – 6 Nisan 5780

• Shaharit 7a–7:30a On-line or Phone
• Office Closed & By Phone & Email Only
• Minha & Maariv 7a–7:30a On-line or Phone
• Yahrzeits 7 Nisan (Tuesday Night & Wednesday): Kate Margolies, Jacob David Mushin, Lillian Ticotsky

Wednesday 1 April 2020 – 7 Nisan 5780

• Shaharit 7a–7:30a On-line or Phone
• Office Closed & By Phone & Email Only
• BRS Remote Learning (Off-Site)
• Benei Mitzva Program Remote Learning (Off-Site)
• Minha & Maariv 5:45p–6:15p On-line or Phone
• Pesah Prep with Rabbi Tilsen 6:30p–7:15p On-line or Phone
• Yahrzeits 8 Nisan (Wednesday Night & Thursday): William Hallo, Lorraine Jeanette, Louis Pearlin, Irving Peska, Maurice Prober, Dorothy Nachman Resnik, Morris Sherman

Thursday 2 April 2020 – 8 Nisan 5780

• Shaharit 8:15a–9:10a On-line or Phone
• Office Closed & By Phone & Email Only
• Minha & Maariv 5:45p–6:15p On-line or Phone
• Yahrzeits 9 Nisan (Thursday Night & Friday): Bella Avrin, Bessie Flamer, Charles Glassman, Ruth Gutherz, Milton Hirshfield, Rebekah Kirschner, Leon Krivonos

Friday 3 April 2020 – 9 Nisan 5780

• Shaharit 7a–7:30a On-line or Phone
• Office Closed & By Phone & Email Only
• Minha after 1:05p (At Home)
• Qabbalat Shabbat & Maariv Service (At Home)
• Shabbat Candle Lighting 7:02p EDT (home ritual)
• Yahrzeits 10 Nisan (Friday Night and Shabbat Day): Samuel Abeshouse, Irving Berman, Sandy Luger, David Silverman

Contacts:
Office Manager Peggy Hackett: office@beki.org 203.389.2108 x114
Principal Ina Silverman: principal@beki.org 203.389.2108 x113
Facilities Manager Michael Barone: facilities@beki.org 203.389.2108 x157
President Yaron Lew: president@beki.org
Rabbi Jon-Jay Tilsen: jjtilsen@beki.org 203.389.2108 x110
Children’s Program Coordinators: kids@beki.org
Kadima Advisor: bekikadima@gmail.com
USY Advisor Seth Zabin: bekiusy@gmail.com
Sisterhood Giftshop: giftshop@beki.org
Cemetery Association: cemetery@beki.org
Shabbat Announcements: announcements@beki.org
Happenings Notices: happenings@beki.org

Rabbi Jon-Jay Tilsen • Congregation Beth El–Keser Israel
85 Harrison Street at Whalley Avenue • New Haven CT 06515-1724 USA
www.beki.org • jjtilsen@beki.org • Fax 203.389.5899 24-hour

Subscribe and Unsubscribe Information: You are receiving this message as a BEKI member or friend. If you wish to UNSUBSCRIBE or to SUBSCRIBE, simply send a message to office@beki.org or call 203.389.2108 x114 and ask to be unsubscribed or subscribed, or to change an address. No hassle, no judgment, no sales pitch – just saving electrons.
BEKI Members and Supporters,

Below is a late-breaking update on the efforts of the Tikun Olam and Hesed teams at BEKI. In addition to this note, you should also see this week's "Happenings" in your inbox from earlier this morning. The April issue of the BEKI Bulletin, in production, will be sent in print form only to households that don't usually use email, so please look for it in your inbox or find it at beki.org under "Calendar & Events."

Although our building is closed, "The Rabbi is In." You can call or email me to schedule a video call or old-fashioned telephone call if you'd like to talk, or just call and I will answer the phone if I can. All of us are experiencing distress at this time and it can help to verbalize our thoughts and feelings, or to ask direction for specific issues or help for another household member. That is part of what I am here for. We will make it through this difficult time, together. jjtilsen@beki.org 203.389.2108 x110.

Attached image. Why do I have an old phone? To speak with old friends. And new friends.
TIKUN OLAM/HESED IN THE TIME OF COVID19

Please contact Darryl Kuperstock at 203-215-8555 kuperst@gmail.com or Rob Lettick at 203-671-4705 robolettick@aol.com

As needs in our community arise (for individuals or organizations) we are doing our best to help. We are committed to remaining as discreet as possible when helping individuals. Please reach out to let us know how we can assist you. Many people have offered to help - CAN YOU?

1. Keeping Connected, we are:

   Making phone calls to all members will continue periodically through this crisis (prioritizing seniors and those who live alone). It will be a long haul - please help

   Reading BEKI Happenings and other communication aloud by phone to those who do not use internet
Sending cards via snail mail

2. Grocery Delivery - we have members who need help with grocery and pharmacy deliveries. Volunteers needed for "no contact" shopping and delivery.

3. Technical Help - we have volunteers happy to help you with using your smartphone, connecting with Zoom, finding streaming services, ordering groceries online, joining our BEKI Facebook page, etc.

4. Sewing Masks - there is an effort afoot to join with Make Haven to sew protective face masks (specific pattern). Contact Linda Schultz (Lschultz@landolakes.com). Portable sewing machine available to borrow for this effort.

5. A large donation of previously prepared frozen food from BEKI was made to Columbus House shelter, which has had to close to all volunteers.

5. Gloves - about 5500 disposable gloves used for food preparation at BEKI were donated to the Downtown Evening Soup Kitchen this week to enable them to continue to serve those who are food insecure.

6. JFS Food Pantry is resuming services to its over 300 households next week under very strict state guidelines:

   **EMERGENCY FOOD DRIVE - MONDAY, MARCH 30 from 11am-12pm ONLY** to curbside bins at:

   All food must be non-perishable, newly purchased and should NOT be from someone’s home, no glass. No expired food or open containers, NO GLASS. Suggested donations: cereals, tuna, pasta, Passover dry goods.

   **DRIVERS NEEDED** for gloved no-contact delivery middle of next week. Contact Darryl ASAP

7. Passover - we are exploring options for virtual seders and will share those soon. If you expect to be in need of Passover essentials (food, hagadda, connections), please let us know ASAP.

8. Financial support for Tikun Olam/Hesed committees is greatly appreciated.

   **DRK et al**

--

Jon-Jay Tilsen