This Week & Beyond at BEKI

BEKI Happenings

- **BEKI Talks: Wednesday Night Schmoozes On-Line:**
  - Morris Bell & Raina Sotsky, “Psychological Effects of the Covid-19 Pandemic” 8p-9p Thurs 3 Sept Add to G-Cal

- **High Holy Days Series in September On-Line:**
  - Robin Goldberg, “Meditation & Teshuva, Part 1” 8p-9p Wed 2 September
  - Robin Goldberg, “Meditation & Teshuva, Part 2” 8p-9p Wed 9 September
  - Rachel Adelstein, “Majesty in Music for the High Holy Days” 8-9p Thu 10 September
  - Selihot Program & Service: Family Havdala, “Racial Justice & Teshuva,” Selihot Service with Isaiah Cooper, 8p-10p Sat 12 September
  - Jay Sokolow, “Heshbon Nefesh: Taking a Moral Inventory in Judaism & in the 12-Steps” 8p-9p Mon 14 September

- **Back Talk:** Recordings of BEKI Talks and Schmoozes are available at https://www.beki.org/online-schmoozes/

- **High Holy Days On-Line Services:** Check back for the consolidated schedule of in-person, on-line live (zoom or livestream) and recorded services and programs for the Days of Awe. This information will be on beki.org.

- **Conversation & Connection:** With Karen Kassap, 6:15p-7:30p Tuesdays after tefila in September 2020. On-line on the Tefilla Channel.

- **Parashat HaShavua:** Delve into the week’s Torah reading. Last in this summer series. Sunday morning 30 August 10a-10:45a Join Parashat
Parashat Ki Tavo with Nadav Sela.

**High Holy Days Reminder:** If you have not already done so, please send back your High Holy Days form ASAP so that the HH Committee knows your intentions regarding in-person services and other related information - please return your form to the office by mail or by email to Jennifer Myer (jennifermyermd@hotmail.com) or Harold Birn (haroldbirn@aol.com) - if you did not receive the form that was mailed to you, please let Peggy, Jennifer or Harold know - this form will determine what services we can accommodate and assign in-person attendance for, so your returning it as soon as possible helps move the planning forward.

**Outdoor Pre-Holiday Clean-up:** Part of our volunteer tradition at BEKI is the annual preparation of our outdoor areas for the High Holidays. We need volunteers to spruce up the landscaping near the parking lot entrance and near the courtyard entrance. We also need to trim back the growth narrowing the driveway from Harrison Street. There also may be work in the children's play area. After Minyan (9a-9:30a) on Sunday 30 August, we need workers and equipment. Equipment includes electric or gas hedge trimmers and leaf blowers, extension cords, rakes, brooms, rolling trash cans, hand trimmers and work gloves. Masks a must. Hats recommended. Contact David Kuperstock (ndk1024@gmail.com 203.415.4026) if you have questions or just let me know you are coming.

**Yizkor Memorial Book:** The deadline for returning your forms for the Yizkor Memorial Book was 24 August. The listings are being finalized now. After this weekend, the gates will be closed. Please contact Shoshana Lash immediately at CantorSL@yahoo.com or (203) 732-0275 if you wish your listings to be included.

**Giftshop Courtyard Sale:** For a sweet new year: get your honey (and shofar and more) from the Sisterhood store. Sidewalk sale in the courtyard Sunday 9:30a - 11a; Monday 5:45p - 6:30p or whenever you like giftshop@beki.org".

**Sukkot Is Coming:** Lulav & etrog sets *must be pre-ordered* this year. $40 per set, deadline is 1 September. Contact the BEKI office at office@beki.org or 203-389-2108 x114

**Tehilim in Times of Trouble:** Explore the ancient poetry of the Biblical Psalms with Corinne Blackmer, Tuesdays 8p-9p On-Line . On-going.

**Rashi Study Group:** Book of Second Kings with commentary, Mondays 8a-8:30a.  On-line RSG. Text at Sefaria *(2 Kings 19:29)*
Outdoor Children’s Shabbat Services: For information about or to participate in a size-limited, socially-distant outdoor Shabbat family service in September, contact Annie at anormanschiff@beki.org.

Somebody Come & Play: To reserve one or two private fenced playground areas adjacent to the parking lot for Shabbat mornings during services 9:30a-11a, write to jtilsen@beki.org.

Outdoor In-Person Services (Excludes Festival Dates)
- Qabbalat Shabbat: Weekly Friday Night Services in September (excluding Rosh HaShana) 6p in the Courtyard and On-line.
- Shabbat Morning: Weekly in September, 9:30a-11a, Shaharit-Torah Service-Musaf. 90 minutes, parking lot; RSVP Yes I’m Planning to Attend Shabbat Morning.
- Sunday morning in-person in the Courtyard, 9a-9:35a, weekly in September. Also Sign in to Tefila On-line. Rain Location: Sanctuary
- Monday afternoons-evenings in-person in the Courtyard info bekitefilla@gmail.com. 5:45p-6:15p. Weekly in September. Also Sign in to Tefila On-line. Rain Location: Sanctuary.
- Planning to attend, or want info? contact bekitefilla@gmail.com or jtilsen@beki.org  In-person participants must comply with public health protocols (masks, distancing, no loud singing, RSVP preferred to facilitate tracing). Prayer books and chairs provided or bring your own. Washrooms available. On-line participants can recite “Amen” and Qaddish (assuming a quorum forms on-site).

On-Line Daily Services: Info bekitefilla@gmail.com for weekday and Qabbalat Shabbat on-line prayer. See daily schedule below links – just click to join on-line. To request the “El Malei Rahamim” memorial prayer or a Prayer for Healing, write to jtilsen@beki.org or tell the host or Rabbi Tilsen. Services based on an in-person quorum include Qedusha and Mourners’ Qaddish.

Service Leaders Needed: If you would like to sign up to lead tefila or read Haftara or Torah at an outdoor service in August, please write to jtilsen@beki.org

More Daily & Shabbat Services: Learning? Hear selected recordings at beki.org. See online prayerbooks or buy a book on-line or request a free book from jtilsen@beki.org or bekitefilla@gmail.com.

Need Torah? Learn Sing Pray with the Conservative Masorti Online Beit Midrash in Jerusalem https://www.conservativeyeshiva.org/learn/ Texts available at www.sefaria.org. Selected audio prayers, Member Divrei Torah and Rabbi’s Writings are available at beki.org under “Learning.”

Rabbi Tilsen’s Video Messages: See 3- to 6- minute messages
• **BEKI Walks virtual mission to Jerusalem:** A virtual and exercise adventure open to all BEKI members. Register and log your steps or miles in the exercise of your choice. We have a team of 19 members who have logged 139 miles in three days. We need more members (and miles) to reach our goal of Jerusalem by Simhat Torah. Info Jennifer Myer ([jennifer.myer@yale.edu](mailto:jennifer.myer@yale.edu)). Sponsored by Sisterhood and High Holidays Committee to get us geared up (and with healthy habits) for the New Year.

• **Columbus House (CH) Dinners:** No prep or volunteer activities for Columbus House due to COVID19 precautions. However, the food is still needed. Help sponsor food supplies for CH meals in September, contact Darryl Kuperstock ([kuperst@gmail.com](mailto:kuperst@gmail.com) 203-215-8555).

• **Needed for Newly Housed:** A small or dorm-size refrigerator needed for one of our Abraham's Tent guys who has recently moved into permanent housing. Please contact Darryl ([kuperst@gmail.com](mailto:kuperst@gmail.com), 203-215-8555).

• **Want to Help?** To assist in on-going and ad-hoc support for BEKI members and Greater New Haven residents with significant or urgent needs, volunteer to participate in Hesed Committee [robolettick@aol.com](mailto:robolettick@aol.com) 203-672-4705, Tiqun Olam Committee ([kuperst@gmail.com](mailto:kuperst@gmail.com) 203-215-8555), and other organized efforts; info [office@beki.org](mailto:office@beki.org)
  - buying and delivering groceries and medicines
  - acquiring or making face masks
  - assisting with technical difficulties
  - making and mailing cards to folks in our community to help them feel connected
  - offering suggestions for helping to keep our community connected and cared for

• **Need Help?** When you need help acquiring essential food, medicine, utilities, communication services, contact [office@beki.org](mailto:office@beki.org) 203.389.2108 x114; we will connect you with Hesed Committee, Tiqun Olam Cmte, rabbinic counsel [jtilsen@beki.org](mailto:jtilsen@beki.org) 203.389.2108 x110, and other synagogue-based and community agencies and vendors. We are a community and we will help each other as much as we can.

• **Facebook:** Members' and office posts about BEKI events, cultural activities, community news, and more. Subscribe to BEKI's “members” FB page by writing to [office@beki.org](mailto:office@beki.org) or request on site.

• **COVID-19 & Maimonides Fund:** Support or get help from Jewish Federation and Jewish Foundation [COVID-19 & Maimonides Relief Funds](https://beki.org/COVID-19-Maimonides-Relief-Funds/).

• **Vote:** USA Election Day 3 November 2020. Use [this form](https://beki.org/vote/) to apply for an absentee ballot (mail-in ballot) and send it to your Town Clerk.
- **Is It Kiddush Yet?** - Unfortunately, it is not. We are still waiting to be able to cook together and to gather together for Shabbat lunch. But, that shouldn't stop you being able to enjoy some of the wonderful BEKI Kiddush Committee food we love. KC Cookbook is On Sale. Now available at the special price of $15 for pick-up (+$3 if mailed). Contact Darryl to order your copy (kuperst@gmail.com, 203-215-8555).

- **Building Closed:** The BEKI Building is closed to general traffic until further notice. If you think you need access, make an arrangement with Peggy office@beki.org so that public health and building security protocols can be observed.

- **Stop & Shop Gift Cards:** The BEKI office sells Stop & Shop gift cards. These cards can be used at any Stop & Shop location, like a debit card, to buy groceries or gasoline. This is an ongoing fundraiser which costs you nothing but has provided over $3000 in income. Contact Peggy office@beki.org to participate.

- **Donate:** Fast and easy at www.beki.org/give

- **Write On:** To volunteer to write, edit (chief, associate, copy, distribution) or sell ads for the BEKI Bulletin, contact bulletin@beki.org.

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**Mark Your Calendar**

- Bar Mitzva: Toby Manning 28-29 August 2020
- Parashat HaShavua with Nadav Sela 30 August 2020
- Robin Goldberg, “Meditation & Teshuva Part 1” 2 September 2020
- Morris Bell & Raina Sotsky, “Psychological Effects of the Covid-19 Pandemic” 3 September 2020
- “Transplanting at BEKI” Help beautify BEKI's gardens 6 September 2020
- Robin Goldberg, “Meditation & Teshuva Part 2” 9 September 2020
- Rachel Adelstein “Majesty in Music for the High Holy Days” 10 September 2020
- Selihot Night with Isaiah Cooper et al. 12 September 2020
- Jay Sokolow, “Heshbon Nefesh” 14 September 2020
- Rosh HaShana Night 18 September 2020
- Rosh HaShana First & Second Day 19-20 September 2020
- Kol Nidre Yom Kippur Night 27 September 2020
- Yom Kippur 28 September 2020
- Sukkot Night 2 October 2020
- Sukkot First Two Days 3-4 October 2020
- Hoshana Rabba 9 October 2020
- Shemini Atseret 9-10 October 2020
- Simhat Torah Evening 10 October 2020
- Simhat Torah Morning 11 October 2020
Friday 28 August 2020 – 8 Elul 5780 – Bar Mitzva: Toby Manning

- Shaharit 7a-7:30a Sign in to Tefila On-line
- Shofar & Psalm 27
- Office Closed & By Phone & Email Only
- Minha & Qabbalat Shabbat 6p-6:35p Sign in to Tefila On-line and BEKI Courtyard
- Bar Mitzva: Toby Manning 6p-6:30p On-Line & Courtyard
- Shabbat Candle Lighting 7:11p EDT (home ritual)
- Yahrzeits 9 Elul (Friday Night & Shabbat Day): Herbert Geisinger, Bessie Handleman, Edward Horwitz, William Victor Mushin, Katherine Sherman, Esther Spector

Shabbat 29 August 2020 – 9 Elul 5780 – Bar Mitzva: Toby Manning

- Shaharit, Torah Service, Musaf Outdoors by RSVP 9:30a-11a (Or Home Ritual) RSVP Yes Will or Did Attend Shabbat Morning. (In case of rain: Sanctuary)
- Torah Reading: Parashat Ki Tetsei (Deut. 21:10 - 25:19)
- Haftara: Fifth Haftara of Consolation (Isaiah 54:1-10)
- Minha (At Home) 1p–7p
- Minha Scriptural Reading: Selection from Parashat Ki Tavo (Deut 26:1-15)
- Havdala 8:11p or Later (Home Ritual)
- Yahrzeits 10 Elul (Motse’ei Shabbat & Sunday): Sarah Dipsiner, Fannie Siegel, Maria Weiser, J. Samuel Zakin

Sunday 30 August 2020 – 10 Elul 5780

- Shaharit 9a–9:35a BEKI Courtyard and On-line
- Shofar & Psalm 27
- Sisterhood Sidewalk Sale 9:30a-11a Courtyard
- Grounds Cleanup 9:30a-11a
- Parashat HaShavua with Nadav Sela. Text: Ki Tavo (Deut 26:1 - 29:8) 10a-10:45a Join Parashat HaShavua On-Line
- Minha & Maariv 5:45p–6:15p (For Off-Site In-Person location this date only, see BEKI Alert email) Sign in to Tefila On-line
Yahrzeits 11 Elul (Sunday Night & Monday): Samuel Akresh, Sarah Liner, Baby Nepiarsky

Monday 31 August 2020 – 11 Elul 5780

- Shaharit 7a-7:35a Sign in to Tefila On-line
- Torah Reading: Selection from Parashat Ki Tavo (Deut 26:1-15)
- Rashi Study Group 8a-8:30a Sign-In (Text: 2 Kings 19:29)
- Office Closed & By Phone & Email Only
- Minha & Maariv 5:45p–6:15p Courtyard & Sign in to Tefila On-line
- Sisterhood Outdoor Sale 5:45p-6:30p Courtyard
- Yahrzeits 12 Elul (Monday Night & Tuesday): Bessie Samuels, Elsie Srebrenik, Jack Yasmer, Edith Zipkin

Tuesday 1 September 2020 – 12 Elul 5780

- Shaharit 7a–7:45a Sign in to Tefila On-line
- Shofar & Psalm 27
- Office Closed & By Phone & Email Only
- Minha & Maariv 5:45p-6:15p Sign in to Tefila On-line
- Conversation & Connection with Karen Kassap 6:15p-7:30p Sign in On-Line
- Yahrzeits 13 Elul (Tuesday Night & Wednesday): Michael Grutzendler, Eugene Kone, Martha Miller Schwartz
- Tehilim with Corinne Blackmer 8p-9p On-Line

Wednesday 2 September 2020 – 13 Elul 5780

- Shaharit 7a-7:30a Sign in to Tefila On-line
- Shofar & Psalm 27
- Office Closed & By Phone & Email Only
- Rabbis’ Study Group on recess
- Minha & Maariv 5:45p - 6:15p Sign in to Tefila On-line
- Yahrzeits 14 Elul (Wednesday Night & Thursday): Ralph Bertazzo, Mordechai David
- High Holy Days Series: Robin Goldberg, “Meditation & Teshuva, Part 1” 8p-9p Sign-In

Thursday 3 September 2020 – 14 Elul 5780

- Shaharit & Hallel & Musaf 8:15a-9:10a Sign in to Tefila On-line
• Torah Reading: Selection from Parashat Ki Tavo (Deut 26:1-15)
• Shofar & Psalm 27
• Office Closed & By Phone & Email Only
• Talmud Berakhot Study Group recess until 15 October
• Minha & Maariv 5:45p - 6:15p Sign in to Tefila On-line
• Yahrzeits 15 Elul (Thursday Night & Friday): Peter Lane, Laurence Olmer, Max Silverman
• BEKI Talk: Morris Bell & Raina Sotsky, “Psychological Effects of the Covid-19 Pandemic” 8p-9p On-Line

Friday 4 September 2020 – 15 Elul 5780

• Shaharit 7a-7:30a Sign in to Tefila On-line
• Shofar & Psalm 27
• Office Closed & By Phone & Email Only
• Minha & Qabbalat Shabbat 6p-6:35p Sign in to Tefila On-line and BEKI Courtyard
• Shabbat Candle Lighting 7:00 EDT (home ritual)
• Yahrzeits 16 Elul (Friday Night & Shabbat Day): Jack Abramovitz, Sylvia Aaron Cohen, Fruma Ginsburgh, Mayer Riff, Helen Shelnitz, Marsha Smith

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